



spotlight on . . .

Neighborhood Violence: The Death of Armando Canizales

by Arthur B. Kalson

On June 24, 1990 popular Bernal Heights resident Armando Canizales was murdered at the top of the Esmeralda stairs, near the entrance to the neighborhood mini-park that he had helped to build. According to Armando's sister Dolores, the police reconstructed what happened like this:

Around 11 pm, Armando and two friends had just returned home from a cancelled camping trip near Lake Beryessa. As they were unloading their equipment from the car, three young women came down from the top of the hill, where they had been attending a drunken party. Armando and his friends did not know these women. After a brief chat, and maybe a little flirtation, the three women continued down the stairs.

Soon five men, all drunk, came down the hill and confronted Armando about having talked to the women. An argument developed. One of the five said something like "Pop him one!" A second man pulled out a small hand gun, aimed point-blank at Armando's head and pulled the trigger. The gun did not fire, and the men went part way down the stairs. Suddenly they returned, and the man with the gun shot Armando in the chest.

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Discernimiento sobre . . .

Violencia en el Vecindario: La Muerte de Armando Canizales

por: Arthur B. Kalson
traducción: Stella Loaisiga

En el 24 de Junio, 1990, un residente popular en Bernal Heights fué asesinado en la parte alta de Esmeralda, cerca de la entrada al mini-park del vecindario que él había ayudado a construir. De acuerdo a Dolores, hermana de Armando, la policía reconstruyó lo que sucedió ese día de la siguiente manera:

Alrededor de las 11 pm, Armando y dos amigos habían regresado a casa de un día de campo que se canceló cerca del Lago Beryessa. Conforme descargaban su equipaje del carro, tres mujeres jóvenes bajaban de la loma en donde habían estado tomando. Armando y sus amigos no conocían estas mujeres. Después de un cruce de palabras y un breve coqueteo, las tres mujeres continuaron bajando.

De pronto cinco hombres, todos tomados bajaron de la loma y reclamaron a Armando de haber hablado con las mujeres. Se armó una discusión. Uno de los cinco dijo algo así como "Déjale ir una!" Un segundo hombre sacó una pistola pequeña apuntando a la cabeza de Armando y jalando el gatillo. La pistola no se disparó y los hombres bajaron las escaleras. De pronto regresaron y el hombre con la pistola le disparó a Armando en el pecho.

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Holly Court Election - Democracy in Action

by Helen Helfer
Executive Director
Bernal Heights
Community Foundation

According to Webster, one of the definitions of democracy is "government by the people, either directly or through elected representatives..." On Saturday, May 19th over 41% of the Holly Court tenants (almost twice the percentage of voters who participated in the June Primary) voted in a very important and democratic election. Fliers in English, Spanish, Tagalog, and Vietnamese were distributed throughout the Holly Court community. The Poll, located in the Holly Court community room, was open from 10am-2pm. Four tenants were in charge of the actual voting procedure, and three outside observers participated during the day.

Problems were overcome by the tenacity of the tenants. The Housing Authority, for example, would not give the tenants a list of residents, so the Tenants Association members walked door-to-door and put together a list of all the Holly Court addresses and as many tenants' names as possible. Every tenant who voted signed the list, and no-one was allowed to vote for anyone else, even a sick mother.

A briefing was held the night before the election with the poll workers and observers to review the election procedure, which was



Congratulations to the new officers at Holly Court! Front: President Bobbie Washington, Vice-President Bernice Castang. Rear: Secretary Gloria Buck, and Treasurer Neil Seippel. The Holly Court Poll Workers were Beatrice Cartwright, Aida Tenorio, Juanita Racklin, and Barbara Terry. Observers were Robert Dillon of the Community Lifeline Ministry, Jack Fleiner and Michael Shay of the South Bernal Neighbors, and Helen Helfer of the BHCF. Captain Diarmuid Philpott of the Ingleside Station and Gerald Whitehead, President of the BHCF Board, were also present early in the day.

the following:

1. Everyone who voted signed their name next to their address.
2. A printed ballot was handed to them and they went to a separate table at the side of the meeting room to cast their ballot. They were then asked to fold their ballot and put it in a large sealed Ballot Box.
3. At 2:00pm (in the presence of three observers) the poll workers opened the box and counted the ballots. The designated police officer then stopped by, picked up the box and took it to Ingleside Station.

What was most personally exciting about this election was the impressive organizational work that went into this critical event and the diversity of people who participated - a black mother with child in tow, a large three generation Vietnamese family, two elderly Hispanic women, a young black man in his twenties, and many more - all concerned tenants who expressed their right as citizens to cast their votes in a very important election.

Democracy IS alive and well - and the Holly Court model is one from which we can all learn.

Our Tax Dollars at Work, or, Pop! Go the Weasels

by Arthur B. Kalson

There's an \$8 million rehab operation in progress at the Alemany Public Housing Projects. On the surface, what happened was this: In 1988, the U.S. Department of Housing and Urban Development (HUD) came up with some money for the San Francisco Housing Authority to spend on fixing up Alemany. After a bunch of organizational meetings, plans were drawn up, bids were taken, and contracts awarded. This year the actual work began. In June, the Alemany Tenants Association picketed the jobsite, demanding that Alemany residents be given an opportunity to work on the project. They actually shut down the job for a couple of days. After a series of excruciating negotiations, charges and counter-charges, three Alemany tenants were hired, and are currently still on the job.

Those are the facts of the case. It appears that nothing much really happened. But when one takes a closer look, one finds a

pattern of bad feelings, deception, and downright stupidity. Let's start by examining the paper trail.

In October of 1988, the Alemany Tenants Association learned that the rehab plans made no provision for washer-dryer hook-ups in their apartments, along with the necessary plumbing upgrade. They submitted a petition to then Acting Director Michael Kelley of the San Francisco Housing Authority. The petition addressed two immediate concerns: first, the tenants asked the SFHA to reconsider their plan to eliminate the washing machine hook-ups; second, they requested that the construction project include jobs and training opportunities for Alemany residents.

The design for the improvements was created by the architectural firm of George Miers and Associates. Miers, who grew up in public housing, responded to the tenants' petition by restoring the washer-dryer hook-ups and plumbing upgrade to the plans in January, 1989.

The \$8 million construction contract was awarded to a non-union Napa-based construction firm, the Ultrex Corporation. Like all federally-funded projects, the Alemany Housing Rehabilitation contract was subject to Section Three of the HUD Act of 1968, which requires that, to the greatest extent feasible, opportunities for training and employment be given lower income residents of the project area.

In November, 1988, the Alemany Tenants Association wrote

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**BHCF
Garage
Sale!!
See Page
Five**

new Bernal Journal

515 Cortland Ave.
San Francisco, CA 94110
(415) 648-0330

The *New Bernal Journal* is an open forum of the community sponsored by the Bernal Heights Community Foundation. It is dedicated to providing the people of Bernal Heights with neighborhood news, ideas, issues, and events. Articles express the views of contributors and not necessarily those of the Community Foundation.

Deadline for the October/November 1990 issue is September 10. We reserve the right to edit for clarity or space.

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All Invited to Block Club Organizing Meeting!

With the escalating violence and vandalism in our community, neighbors are beginning to mobilize and meet again in block clubs. Mauricio Vela has been working with the Moultrie Street Neighbors, and over 150 neighbors attended the July Northwest Bernal Block Club meeting at Cafe Commons. The senseless deaths of Armando Canizales and two other young men in Bernal will hopefully be the impetus needed for neighbors to work together for

a healthier, more understanding community. (Young men in America kill each other at a rate 40 times higher than any other industrialized nation, according to a recent report. WHY?)

Preliminary meetings have been held at the Bernal Heights Community Foundation with Captain Philpott of the Ingleside Police Station, Father Weldon of St. Anthony's Church, Father O'Malley of St. Kevin's, Charles Bolton of the Northwest Bernal

Block club, and other concerned residents to address our problems on a hill-wide basis.

All concerned residents are invited to a Block Club Organizing Meeting on Wednesday, August 8th, 7:00pm at the Bernal Heights Community Foundation, 515 Cortland Avenue.

Please come and bring a neighbor. Together we CAN make a difference! For further information, please call Mauricio Vela at 648-0330.

Estan Todos Invitados a la Reunion para Organizar el Club de la Cuadra!!

Con motivo del incremento en la violencia y vandalismo en nuestra comunidad, los vecinos están comenzando a movilizarse para reunirse nuevamente en los Clubs de cada cuadra. Mauricio Vela ha estado trabajando con los Vecinos de la Calle Moultrie y más de 150 vecinos asistieron a la reunion de Julio del Northwest Bernal Block Club en el Cafe Commons. Las muertes sin sentido de Armando Canizales y otros dos jóvenes en Bernal han incentivado a los vecinos a trabajar

juntos por una comunidad más sana y de mayor entendimiento. (Hombres jóvenes en América se matan unos a otros a razón de 40 veces mas que cualquier otra nación industrializada, de acuerdo a un informe reciente. ¿PORQUE?)

Las reuniones preliminares se han estado realizando en BHCF con El Captain Philpott de la Estación Ingleside, el Padre Weldon de las Iglesia San Antonio, el Padre O'Malley de la Iglesia St. Kevin, Charles Bolton del NW

Bernal Block Club, y otros residentes interesados en nuestros problemas.

Todos los residentes interesados están invitados a la reunion para organizar el Club de la Cuadra el día Miércoles, 8 de Agosto, 7 pm, en BHCF, 515 Cortland.

Contamos con su asistencia y al mismo tiempo les pedimos traer un vecino. Juntos PODEMOS hacer la diferencia! Para mayor información, favor llamar a Mauricio Vela al 648-0330.



Francisco Anderson and June Strohl, Youth Workers from the SYETP program, have done a superlative job as Advertising Sales Representatives for the New Bernal Journal. Both are high school Freshman, Francisco at Riordan, and June at MacAteer.

To Toni and Sally of Marvin Gardens:

Thank you for the most memorable birthday of my life. Thanks also to all of my friends and relatives who came and made my 75th year the best ever. It was a great party.

Cortland Avenue,
I love you!!

Bernice.

An orange flier has recently appeared on Cortland Avenue. It reads, in part, "BEWARE!!! There have been 65 MUGGINGS in this area in the last few months." Henry Hollander, owner of the Buffet Flat Bookstore, has written the following response:

Six of these fliers were placed in front of mine and my neighbor's business. No identification was made on the fliers of their source. No source was given for the number mentioned. The number was not explained at all. Did the muggings occur over the last two months, the last three months, the last six months? Did they occur at night or during the day? Where did they occur, right where the fliers were posted, or nearby? At certain specific places, or throughout the area?

I agree with all the advice offered in the flier. I sympathize with the people who have been attacked. I also believe that the format of this notice will be successful in scaring even more people off the street, and in doing so, make Cortland Avenue and the area even more dangerous.

People should know how to defend themselves, and they shouldn't shrug off an attack. But avoiding predators is only one piece of the large picture.

The answer is more people out on the streets, and more people watching the streets. The answer is more of the successful work that has improved Holly Court. The neighborhood has to get better as a whole to improve the situation of the Alemany Projects. We need to do something about the lousy lives that some people in this community are living before they make themselves into our problems. If we howl, we can get more police, but only for a while, and, in the meantime, we will have come to appear as an oppressive community.

I admit to a bias. I have a business in the center of Bernal Heights, and depend on the people who walk around the neighborhood. But is it better for all of us to crawl inside our shells and become another bedroom for downtown, or for us to come out of our houses and make a community out of our neighborhood?

A message from the Bernal Heights Community Foundation

For those *New Bernal Journal* readers who read the article in the July 24th issue of the *SF Independent* about the BHCF's proposed affordable housing development above the Farmer's Market, the full story is yet to be heard. An exclusive report (giving all sides of this important issue) will be featured in the next *New Bernal Journal*. Please also see Diane Ross's article in the February/March *NBJ*

entitled "BHCF Plan: Affordable Housing Above Farmer's Market" wherein she states in part, "In these days of inflated housing prices, it's crucial that we work together to preserve and create homes that average income people can afford. If you are interested in working with us to create more affordable housing opportunities in Bernal Heights, please call the BHCF today."

continued from page one

a letter to Acting Director William Witte of the SFHA, in which they suggested that the Housing Authority review with the contractors the provisions that would include resident hiring as part their HUD- and City-mandated Affirmative Action goals.

During the following year, George Bush followed Ronald Reagan and Art Agnos replaced Dianne Feinstein. Evidence emerged of corruption and incompetence in HUD under Reagan, and Bush appointed Jack Kemp to straighten out the mess. Art Agnos brought in David Gilmore to run the San Francisco Housing Authority, and, hopefully, bring some integrity and creativity to the beleaguered city agency. One of Gilmore's first official acts as Director of SFHA was to sign the contract for the Alemany Rehabilitation Project.

The Ultrex Corporation wrote a letter to K.S. Krishnamurthy, Contract Specialist at the Housing Authority, dated September 15, 1989, that included the following statement: "In keeping with the contract requirement that we make a positive effort to employ some people from the project, we will attempt to employ some people from the list you provide."

On November 6, 1989, the SFHA held a pre-construction conference in its offices at 440 Turk Street. Participants included representatives from the Alemany Tenants Association, the architects, the contractor, and the Housing Authority. According to the Housing Authority's account of that meeting, the contractor was to submit specific forms pertinent to Affirmative Action requirements. The Tenants Association requested all information pertaining to a tenant hiring program to help them compile a list of trade-skilled persons to be evaluated for possible employment. The Contractor explained his intentions, and agreed to forward copies of his submittal to the Tenants Association.

The next day, November 7, Paul C. Fair, General Manager of the Ultrex Corporation, submitted a letter to Jack Young, Supervisor of Technical Services at SFHA. In that letter, Ultrex proposed to make available twenty-five hours per week for two apprentices during the first phase of the work, and twenty-five hours per week for one apprentice during the remainder of the contract. The work would be laborer's work, which, according to this letter, is how apprentices start in any trade.

The work begins

The actual rehab work began early in 1990. In late May, three Alemany residents were hired, and laid off after a few weeks. Steven Little, Director of Public Affairs for the San Francisco Housing Authority, told the *NBJ* that the Tenants Association never provided the Housing Authority with a proper list of potential workers. Nevertheless, he went on to state that all three of the tenant-employees had been hired after recommendations by the Alemany Tenants Association. According

to Little, none of the three did a good job. He said that two had been hired as electricians, and their work had to be torn out and redone. A third was let go for poor work habits. One of these workers allegedly misrepresented himself as a resident of Alemany, when in fact he was not.

The tenants, cynical from years of deceptions and unfulfilled expectations, chose to take action. On June 10, they threw up a picket line at the job site. When a security guard was attacked and run off, allegedly by irate tenants, the job was shut down.

On June 15, there was a confrontation at the job site between Alemany tenants and supporters, and Paul Fair of Ultrex. Fair stated flatly that Ultrex was under no contractual obligation to employ any Alemany residents. Ultrex had, in fact, hired three tenants to do "site utility work", but there was no more of this work to do.

Robert Davis, one of the three fired workers marching on the picket line, claimed that he was hired as a laborer. He'd worked full-time for two weeks, then a couple of days a week, and then was laid off. Although he was told that there was no longer enough work for him, he found others doing his old job a few days later.

Alta Scales, President of the Alemany Tenants Association and Vice-President of the city-wide Public Housing Tenants Association, was furious that not one representative of the Housing Authority was present, despite repeated invitations. Fair's position was that the tenants' quarrel was really with the SFHA, not Ultrex. He recommended that the tenants speak to Al Nelson or Jack Young at the Housing Authority. Stan Smith, Secretary of the Building and Construction Trades Council, argued that Ultrex had a "moral obligation" to hire tenants.

The tenants saw nothing to be gained by the debate. They believed that they had been lied to by Al Nelson, so, after a brief caucus, they decided to confront him at the Housing Authority Office.

By the beginning of July, a new agreement with Ultrex was hammered out, and three different Alemany residents were hired as laborers. As of this writing, all three are still working, and satisfied with their jobs and the way they have been treated by Ultrex.

Lingering questions

The irony of all of this is that it seems so avoidable. While Ultrex claims no obligation to hire Alemany tenants, every available document leading up to the contract itself indicates that the company intended to do so. Why was this clearly stated intention, in direct response to requests from the Alemany Tenants Association, not included in the final binding agreement? David Gilmore, Executive Director of SFHA, told the *NBJ* that the bid packages from three years ago had no provisions for tenant hiring. "If someone told tenants differently, they were lying. I don't know whether that happened."

The San Francisco Housing Authority negotiated this deal on behalf of the Alemany tenants, as

is their responsibility. The architect modified the design plans to include washing machine hook-ups and a plumbing upgrade, in response to the tenants' petition. Why was the second part of the petition, a request for resident job opportunities, ignored?

Although David Gilmore came on board after this plan was in place, he did sign it to get it underway. He had the opportunity and the authority to hold up the project until tenant hiring was guaranteed, but he chose not to do it. Gilmore told the *NBJ* that he wasn't happy about the agreement, but thought it best to let the work get started, while taking steps to see that such an omission never occur again.

The *NBJ* has learned that on July 7, George Meirs & Associates was paid \$10,000 by the SFHA for unspecified "contract modifications", a common and entirely legal practice. Why are some "contract modifications" acceptable, while others, such as one that would guarantee resident hiring, impossible? Just what did we taxpayers get for that \$10,000? What are we getting for our \$8 million?

A new twist

Provocative overheard conversation—July 17, 1990—at the construction site:

Alemany Tenants Association representative: "Are you still hiring those immigrants from down by Taco Bell?"

Housing Authority Official: "You mean the roofers?"

ATA: "I didn't know what they were doing. Are you still using them?"

HAO: No, I don't think so.

Has Ultrex been hiring casual day laborers from the unofficial hiring hall at Valencia and Mission Streets for jobs that Alemany residents could be doing? And while we're on the subject, why did the contract go to a non-San Francisco, non-union company? What is the SFHA doing sending our money to Napa? Since all companies, union or non, are required to pay the prevailing wage, what did Ultrex offer that was not available locally?

Most trade unions have a complete apprenticeship program in place. What kind of training opportunity can a non-union company offer, regardless of its intentions or public statements? Rich Sorro Executive Director of the Mission Hiring Hall, believes that SFHA was "totally irresponsible to award the contract to a non-union contractor," because such contractors are incapable of providing any real apprenticeship training. Sorro also feels that the trade unions should have been making a stronger organizing effort at Alemany long before the contract was awarded.

Did the Alemany Tenants Association compile a list of potential workers and submit it to the SFHA? If there was, as claimed, no contractual obligation on the part of the contractor to hire any site residents, why was the ATA asked to create such a list? Peggy Turnipseed, who was working as a Job Developer at the

time, told us that she personally compiled the list, and hand-delivered it to Mary Rogers, the Housing Authority's Alemany Property Manager.

According to a source familiar with the construction industry, a "site utility worker" is someone who helps to install service piping, such as cold water, gas, sewer, storm, and electrical. Our informant also warns that this term can be used to mean almost anything. What jobs were the original three Alemany residents hired to do? According to Peggy Turnipseed, there were in fact four Alemany residents hired. One was indeed a certified electrician, two were laborers, and a fourth worked as an office clerk. Why was none of them rehired after the picket?

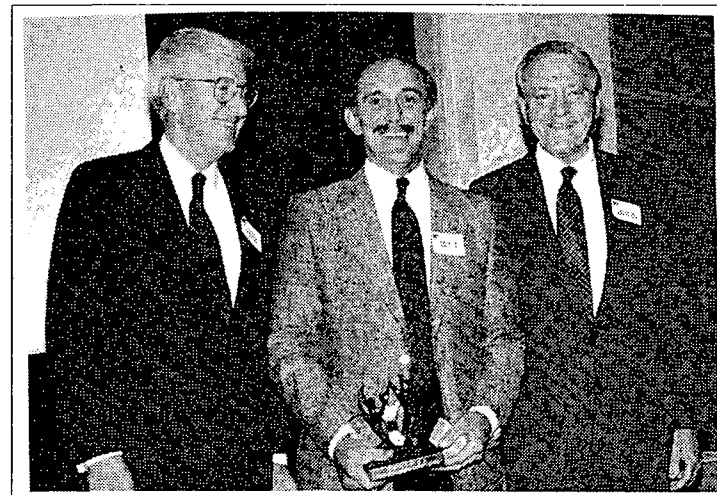
David Gilmore bragged about how the trade unions had been convinced to accept non-union Ultrex as the contractor for this one job, even though Ultrex has refused to sign the Master Union Agreement. Stan Smith vehemently denies this. The trade unions have always been opposed to the use of a non-union contractor. When they were told that the contract with Ultrex was a done deal, they met with the Housing Authority and Ultrex in an effort to encourage some sort of appren-

ticeship training for Alemany tenants. The program that Ultrex offered was to send the trainees, at their own expense, to a school in Danville called "Wheels of Learning". According to Smith, this school is expensive, and not recognized by the State of California's Division of Apprenticeship Standards. A union-based apprenticeship program is built right into the contract at no cost to the trainee.

Although Smith admits that the unions could have made a stronger organizing effort in Alemany years ago, they have supported the tenants' efforts to get jobs on the rehab project. The Tenants Association invited Smith to attend a meeting with Al Nelson from SFHA, but Nelson refused to discuss the issue in Smith's presence, stating that "Affirmative Action is none of the union's business."

What is the Section Three HUD requirement for tenant hiring? David Gilmore says that he has a letter from HUD that defines "resident" as "resident of the city", and not necessarily "resident of public housing". But Rich Sorro counters that the same HUD regulation has been successfully used to maximize tenant hiring at Hunter's Point and in the

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Arthur Proctor, a Bernal Heights resident and Gas Construction Helper with Pacific Gas and Electric Company, has received the Frederick W. Mielke Jr. Award for Outstanding Community Service—PG&E's highest such honor. Proctor received the award for volunteering his time at the Salvation Army Harbor Light Center, an alcohol and drug rehabilitation facility in San Francisco. Formerly homeless and alcohol-dependent himself, Proctor sought help from the Harbor Light Center, and was able to turn his life around in just five years. Today he shares his experience with other Harbor Light Center residents. "I've got five years on the job with PG&E, a five year-marriage, a new car, a dog, and a great apartment," said Proctor. "I can talk to the residents straight because I am a drunk, I am sober, and I lived in the street, too. I am living proof that they can make it." Presenting Arthur Proctor with the award are PG&E's Vice Chairman of the Board Stanley T. Skinner (L) and President George Maneatis (R).

Market Heights: Affordable Housing for Families

As most of the *New Bernal Journal* readers know, the Bernal Heights Community Foundation is proposing an affordable family housing development around the Farmer's Market, while improving the Market itself. If you think you qualify for one of the units and would like more information, please fill out the form below and mail it to: BHCF, 515 Cortland Ave, San Francisco, CA 94110.

Name _____ Phone _____

Address _____ City _____ Zip _____

Size of unit needed: 1 BD _____ 2 BD _____ 3 BD _____ 4 BD _____

Income Maximum for Very Low Income (50% of median, adjusted annually):
For a family of 2: \$17,600; for a family of 3: \$19,800; for a family of 4: \$22,000; for a family of 6: \$25,500.

Income Maximum for Lower Income (80% of median, adjusted annually):
For a family of 2: \$28,150; for a family of 3: \$31,700; for a family of 4: \$35,200; for a family of 6: \$39,600.

Western Addition.

Gilmore promises to do better.

David Gilmore acknowledges that the situation is a mess, and claims to be taking steps to see that such a thing never happens again. In December of 1989 he established for the first time an SFHA policy that gives residents of public housing priority in hiring for all Housing Authority jobs.

The SFHA is now doing lots of construction work in-house, a plan that Gilmore instituted in Boston and has high hopes will be equally successful here. The Housing Authority has already established four apprenticeship opportunities for its own work.

Gilmore has just organized an Affirmative Action Task Force to create a document that will clearly spell out all SFHA policies. He promises that all contracts of a half-million dollars and up will include tenant hiring requirements.

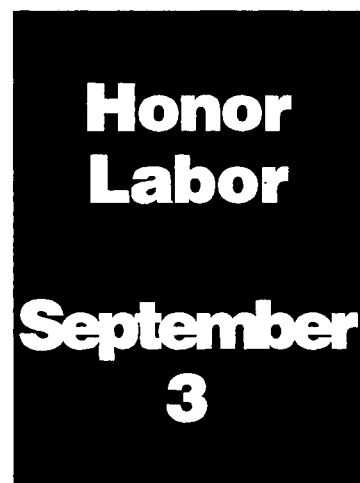
Bernal Heights residents will have the chance to see if David Gilmore keeps his promises. He has recently received word that our Army/Harrison Projects are about to qualify as a Comprehensive Modification Development, thus entitling the SFHA to rehab those projects over a five-year period with HUD money. Tenants will be hired to work on this, but Gilmore wants them to be involved sooner, from the first planning stages.

In the meantime, three Alemany residents are currently employed, 25% of the total work force. Why was it necessary for the Alemany Tenants Associa-

tion to take direct action in order to achieve this modest result? One gets the impression that the powerful parties involved, used to wheeling and dealing, waffling and equivocating, doublespeaking and puffery, continue to operate this way even when it's counter-productive. Here was an opportunity for the Housing Authority, trade unions, and a responsible contractor to not only do something positive for some of the city's neediest residents, but to score a huge public relations victory as well.

The low point came when a Housing Authority spokesman asked cynically if the *NBJ* was going to discuss double-dealing on the part of the tenants. Just exactly what leverage do public housing tenants have? All the other players in this saga have jobs and decent places to live. That is all that the Alemany tenants ever wanted.

As Lennie Bruce once said, "I got in trouble when I started applying common sense to the situation." The *NBJ* hopes that, ultimately, justice and common sense will prevail.



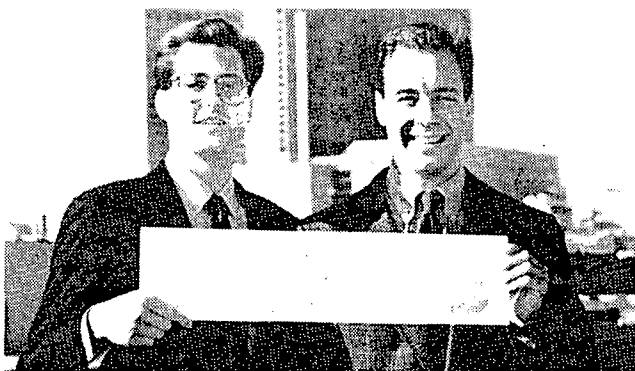
You can probably tell by their happy smiles that these Summer Youth Employment and Training (SYETP) workers are in line to pick up their paychecks. L. to R.: Claudia Chamorro, Zazlyn Fredricks, Steve Conrado, Elmore Soto, and Alba Soto.

Honor Labor

September 3



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Timothy Thomas is enjoying his time at Mission Neighborhood Center Summer Day Camp with Youth Worker David Azucena

Youth Workers and Pre-schoolers: a Winning Combination

by Gail Corbitt

The youth workers who are assisting at the Mission Neighborhood Center Summer Day Camp through the Summer Youth Employment Training Program (SYETP) have several surprising things in common: They all requested to work with small children. (As the mother of a four year old I suspected at first that they might also share poor judgment, but I came to realize that they really care about children and want to contribute to society.) The other common denominator is that all three are bilingual. Two of the three students speak English and Spanish, and the third speaks English, Cantonese, and Mandarin, and studies Japanese. This is great for Program Director Windy Zeigler, as many of the children speak mostly Spanish and one little girl speaks only Cantonese.

Ellie Li is 16 and a junior year student at International Studies Academy. She plans to study

business and fashion design at college. She said "I chose to have a childcare job because I think it's fun. It's not the same thing every day like office work which I find very boring." When asked what she wanted the children to learn from her, she responded, "Respect for parents, listen to adults so they won't get into trouble. Also, I tell them to be careful and not get hurt."

David Azucena is 16 and a junior at MacAteer. He also plans to attend college. Last summer he worked at the YMCA with 5-10 year olds. He enjoyed it so much he asked for another childcare job this year. He says his favorite part of the job is that, "The kids look up to you and you try to teach them to do things right. Besides, they are a lot of fun! As they get older they start doing their own stuff, but at this age I can really be a good example for them." When asked if this experience would change how he would feel about becoming a father, he gave a big laugh and said, "Well, after this

I'd sure think twice!"

Robert Medina, 20, grew up in the Mission and is involved in several organizations that are working to stop violence in the Mission. He is a second year psychology major at San Francisco State University. He plans to use his degree in psychology, "probably working with teens, not little kids." He said, "When I was a teen I was bad, I was rotten to the core. I proved to myself that I could do anything bad and not get caught, so I figured if I was that smart I could use my brains to make something of myself. In high school I got all 'F's', and now in college I make all 'A's' and 'B's'. I really like these little kids. I like their innocence. I like showing them their talents, and helping them develop and find themselves."

The preschool kids obviously love the Youth Workers. They made it very hard to conduct even these short interviews!. It looks like everybody is in for a rewarding summer.

Resources for Amateur Astronomers

by Tom Kellogg

This past winter I reviewed a booklet which I found to be strikingly insightful in helping us conceive of astronomical distances. In this issue I'll describe another resource for the budding amateur astronomers and sky-show patrons between the ages of 9 and 109 years old. Our local astronomy club, The San Francisco Amateur Astronomers [SFAA], is a first class club which meets twice monthly. The 3rd Wednesday of each month, from 8-10 PM at Randall Museum, there is a lecture by one of the many Bay Area Astronomers or other related professionals or amateurs. The other meeting takes place on top of Mount Tamalpais in Marin County from sunset on—This event occurs on the Saturday which lies closest to the new moon.

I've been deeply impressed over and over and over again at the high caliber lectures that are presented in the large auditorium with only 20-40 people present. Most are geared for a general audience of people with an interest in astronomy but with little or no technical abilities.

The first lecture I attended was in February of 1989. Dr. Jeanloz is a geologist who went into great detail of recent findings regarding what our Earth is composed of and how we learn about its composition and structure.

In April, 1989 Dr. Burton, an

astronomer, presented his findings on interstellar matter, along with how he goes about learning about what's there. Dr. Silk reviewed his book, *A Cosmic Book*, at the May '89 SFAA meeting.

Cold Fusion was discussed in the June '89 meeting by Dr. Trover. In July, Dr. Morrison walked us through the scenario of what will happen when Earth is struck by an asteroid. That couldn't have been timed better, what with the near-miss we Earthlings experienced with an asteroid that spring.

In September, astronomers the world over were aghast at the disappearance of the south equatorial belt of Jupiter, which occurred while it was hidden behind the sun earlier that summer. So Dr. Imke DePater's talk on Jupiter in the September '89 SFAA meeting was eagerly attended by all who have an interest in planetary astronomy.

The Neptune fly-by was reported by NASA's Carol Stoker, along with a marvelous color slide exhibit in November '89, and in December, Dr. Robert Nason discussed the October Earthquake from an astronomer's perspective.

At the February '90 meeting, Supernova 1987A was discussed by PhD student Tim Sassen, who was operating the instruments that led to its discovery. In March, SFAA member Dr. Joel Goodman talked about the possibility of life beyond the earth.

Our April and May meetings

were devoted to plans for creating the largest amateur telescope on Earth. Kevin Medlock from Hayward pulled together a group of amateur astronomers, called "Group 70, Inc.", who are interested in building the 70" telescope. The group plans to complete the project by the end of this century at a mountaintop site in the Big Sur Mountains. Medlock's first group telescope is currently open to all at Fremont Peak near Hollister.

Also at the May meeting, Dr. Terry Mast of Berkeley Livermore Labs reported on his creation, the Keck Telescope, which is being built in Hawaii. It is a multiple mirror, super giant telescope, several times larger than any other currently in use.

In July, John Hewitt of Berkeley, one of only a half-dozen amateur astronomers who were given the opportunity to try the Hubble space Telescope spoke about how he managed to do it, and described some of the problems the HST has been having.

As you can see, the SFAA covers a wide range of topics. Our next meeting will be on August 15 from 8-10 pm, at the Randall Museum. Our Star Party, a guided tour through the infinite array of heavenly bodies by eager astronomers with some of the best portable telescopes around, will take place on August 18. For further details, call me at 334-8692. Here's wishing you happy heavenly travels!

The Real State of Real Estate

by George and Sally Davis

Bernal Heights is one of the most active real estate residential sales areas in San Francisco. When one takes into account the "Mission" weather, the ambiance, the views, and convenient location, property values in Bernal Heights are among the best in San Francisco.

Today's market is definitely a buyer's market. Buyers can now demand lower prices and better terms, such as partial seller financing. Now is the best time to buy in San Francisco. Our estimate is that generally property values have declined 5 to 10% from their highest levels.

The buyer's market will probably be temporary, because the Bay Area economy is still strong and growing, mortgage rates are reasonable and declining, San Francisco is, by international standards, reasonably priced, and inflation is still with us.

Our advice to sellers who don't have to sell and want to maximize their profits is to wait until probably 1991 when the market should be more active. If a seller needs to sell, even though the price received may be less than a year ago, opportunities exist to purchase a new property at a favorable price. Before marketing, sellers should interview three realtors for a market evaluation of the property, and determination of the professional competency of the agent.

Buyers are advised to seek the services of an agent they feel comfortable with. Under current agency relationships, buyers may have an agent that only represents them in a transaction. A good buyer's agent will save the buyer a lot of time, legwork, and money.

George and Sally Davis are a husband and wife real estate marketing team for over eight years. They are affiliated with Geddling and Burk, Inc. Call them at 771-8900 with your real estate questions.



The Bernal Open Space Committee breaks ground for a hardy European Olive Tree and some English Ivy. Carolyn Mann, Hector, Lisa Steadman, Joshua Karant and Justin Wynns look like they've been working, but if you want to see the REAL laborers, turn to page twelve.

Bernal Heights Youth Programs Serving Young People City-Wide

by Mauricio Vela
Assistant Director
Bernal Heights
Community Foundation

Both the BHCF's Great America Program and the Summer Youth Employment Training Program are not only providing employment for youth from Bernal Heights, but contributing to solving the problem of lack of youth jobs in other parts of the city.

Keeshia Williams, a 16-year old mother who lives in the Excelsior District and attends John O'Connell High School, states that her experience in the Great America Program overall has been positive. She states that she "is meeting new people, earning money to support her baby, and learning new work skills." However, she does add that "Great America has strict management rules, such as grooming and communication. You can't talk back when you want, and the work is hard." Keesha is depositing her earnings in a bank, and buying clothes for her 10-month-old child.

17 year old James Hill, who lives in the Sunnysdale community and attends Woodrow Wilson High School, met his girl friend when they were both riding the bus to work at Great America.



Waiting for the bus to Great America are three of our hard-working young people, Helen Wiggins, Michael Johnson, and Spurgeon Wright.

The program has been very positive for him. James enjoys "the opportunity to earn money, and especially the camaraderie of the youth that ride the bus. Last week the bus did not show up for the return trip to San Francisco, and the youth had to pull together and support one another until they were able to get back to the city. James also realizes the value of the work experience he is gaining in the Food Department that he can use to get another job in the future.

Avonni Harris is 15 years old, attends Mercy High School, and lives in the Bayview district. Harris feels that "the Summer Youth Employment and Training Program provides good jobs that youth can learn from, and have a fun counselor that you can talk to." She enjoys earning money and learning to communicate with

people at her placement as a Clerical Aide at the Bernal Heights Community Foundation.

Finally there is 16 year old Bernal Heights resident Mike Garcia, who now has his second job obtained through the BHCF. Mike enjoys working at Great America because he is meeting people, learning on the job, and keeping busy and out of trouble. And what does he do with his money? "I give half of my check to my mom for the house, and the other half I keep for myself."

Although 60 young people overall were hired for the Great America Program, only 36 are currently working. Through the SYETP program, 106 youth were certified to work, and 95 of them have actually had jobs. The community should be proud that the BHCF has contributed to the betterment of SF youth.

JOIN HILL-WIDE
BERNAL GARAGE SALE!

(And Support the Bernal Heights Community Foundation Too)

Now is your chance to sell all those old items you have stored in the basement. All you have to do is get out in front of your house with your stuff on Saturday, October 13—the BHCF will take care of all the advertising.

The participation fee is \$5 (\$2 low income). We also hope you will agree to pledge 5% (or more) of your sales receipts to the BHCF. In return, the BHCF will advertise the sale in SF newspapers, list your sale and advertise your "big ticket" items (things priced at \$30 or more) in the October 6th edition of the New Bernal Journal.

Sign-up deadline is September 15th, so send this form in today!

Please list me as a participant in the October 13th Hill-wide Garage Sale. My check for \$5 (\$2 low-income) made out to BHCF is enclosed.

Name _____

Address _____ Cross Streets _____

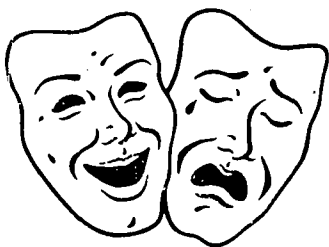
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_____ I pledge 5% (or more) of my sales to BHCF (optional)

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Arts & ENTERTAINMENT



The hard-rocking neighborhood band Harvey gave an exciting performance at the Arts Festival on June 30. But this is nothing new for them. They were also a smash hit at the Bernal Folks Festival on October 11, 1980. We thought you (and they!) might enjoy seeing what they looked like back then.

August 90			
SUN	WED	THU	FRI SAT
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4 to 8	Diane Amos Josh Kornbluth Lisa Geduldig Nicole Bellotti	2 Giovanni Rizzi FI at Judy Garland ED Christian C Dan Morgan DJ Peggy Key	El Beergarden noon-7
5 Gruposinigual i Salsacionai!	6 Marilyn Pittman Kevin Kataoka Joan Bechtel Ed Marquez	9 Kitty Glamour ED Rainbeau C Laura Milligan DJ Carlos Grant	4 Gahundza Steamy Hunks of Hot Love Chunks Beat Senseless
12 Chalo Eduardo and the Brazilian Beat	13 Teresa Holcomb Karen Ripley Dan Morgan Michael Lee	10 di Clayton di Carlos Grant	11 Spot 1019 Field Trip
19 Orquesta Guayacan Cuban Music	21 Marga Gomez Tom Ammiano Mari Shine	16 Dana Devero ED Tom Winter C Scott Capurro DJ Cory Iwatsu	18 L Z Bedrock
26 Celia Malheiros and Friends Samba, Lambada	27 Danny Williams Sandy Van Maureen Brownsey Donald Lacey	23 FI Sister Woman ED Kathleen Ward C Josh Kornbluth DJ Carlos Grant	25 Zsa Zsa House Fat Molly's Kitchen from Sacramento
		24 di Cory Iwatsu di Carlos Grant	Female Impersonator Exotic Dancer Comedian D.J.
		31 di Carlos Grant di Cory Iwatsu	



Neighborhood Artist: Valerie Collins

Valerie Collins is a native San Franciscan who has lived in Bernal Heights since she was in kindergarten. She has loved performing since she played the part of Pocahontas in a second grade school play. "My whole life is a performance," she explained. "I study people's character, mannerisms, and accents. Bernal Heights has always been a multi-cultural neighborhood. Since there weren't many Blacks here in those days, I grew up among Irish, Italian, Latino, and Filipino people."

While working behind the cosmetic counter at a department store, she tried out all the different voices and accents she'd learned, keeping her co-workers laughing. They encouraged her to try an open mike at a comedy club. The response was very good, so Valerie kept right on performing. Over time she developed a repertoire of hilarious characters, including Egbert the Nerd, Concepcion the Evangelist, and Jiffy, an oddly dressed sharp-tongued old woman who Valerie tactfully describes as a "social advisor". Jiffy, who

seems to be Valerie's most durable comedy creation, has been giving comedy audiences the low-down for years at clubs all over the Bay Area.

At holiday times, Valerie likes to do a special performance for the neighborhood at the Bernal Branch Library. For St. Patrick's Day she appeared as Larry the Leprechaun, using a thick Irish brogue she picked up from her catechism teacher, Sister Grace, at St. Kevin's Church. Valerie is not Catholic. In fact, she describes herself as a "child of the the universe", and is to this day profoundly involved with all spiritual matters.

Valerie is very proud of her two children, Anthony, 22, and Angela, 18. She has encouraged them to be independent, and feels that the supportive atmosphere in her home has enabled them to grow up better able to resist the negative forces around them. She points out that many Bernal residents automatically assume that any kids they see hanging around are involved with drugs, when

often they simply have no place to go. She recommends that parents "be what you want your kids to be. They'll catch on."

Although she continues to work as a Massage Therapist for Nordstrom's Department Store, Valerie has created her own line of "Who-do" dolls. She carefully hand-crafts her dolls from brightly colored fabric, beads, and feathers. Each doll comes with its own story-card and pin. Those of you who attended the Bernal Heights Arts Festival had the opportunity to see Valerie's unique creations. Currently the dolls are available at Women's Craft West on Valencia Street, Bentley's in the Embarcadero, and Bentley's II at Levi Plaza.

Sadly, Valerie Collins has decided to move out of the City. After a lifetime in Bernal Heights, she wants to be closer to Nature. We don't want to lose her, so we'll ask her nicely one more time: please, Valerie, before you do anything—have a talk with Jiffy!

Two poems by William Perkins

Sonnet to Aphrodite

O lovely Goddess, O Cyprian Queen,
Hear me Aphrodite, decree my blest
And grant me the paramour of my dreams.
Before thine altar I ask this request
And pray tell me are my desires obscene?
O erotic Goddess that Kronos sired,
This flesh offering drips with pleasure,
Fat kine for thee, roasting upon the fire,
Hot, savory and pink, juicy to be sure,
Flesh bulging with the fullness of desire.
Upon these Grecian shores, I entreat you,
Beneath these Cypress trees, O hear my plea,
Cast your spell upon my lover's hardened heart,
Island Goddess born of the foamy sea.

Blue Sky

I am remembering
Back in '79
My Zen meditations
Contemplating
Slowing down
Emptying my mind

When I penetrated
The darkness
An emptiness
The Gateway

Unfolding
the mystery
Receding
into the valley
Slowing down
to see
The gap

The space
in between
My thoughts

At first
I could not see
The sky —
Only clouds

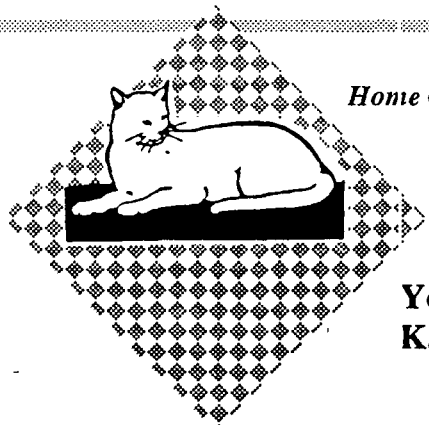
Then finally
One day,
Even when the
Clouds were there
I saw only
Blue sky

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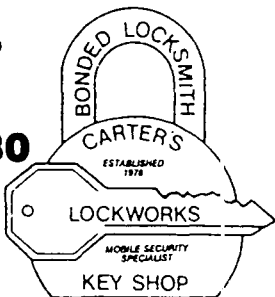
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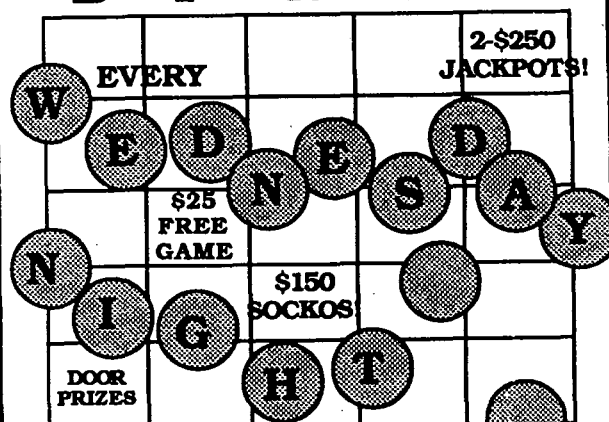
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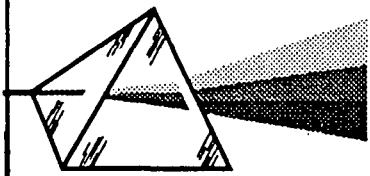
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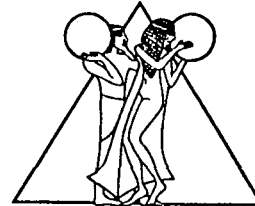
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BERNAL LIBRARY Calendar

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August, 1990

August 1, 7 pm: "On the Move"—Movement games for children and their parents.

August 8, 7 pm: Midsummerfest—Bernal families celebrate summer. Summer reading prizes and Kidpower awards.

August 15, 7 pm: "Vietnam Diary"—a slide show and talk by a children's dentist. Families.

August 15: Summer reading program ends. "Be a bookpacker" at the Library.

August 21, 10:30 am and August 22, 7 pm: Children's films.

September, 1990

Back to School: Headstart Stories for bilingual children begin again, every Wednesday at 2 pm.

Teachers: We want to work with you. Come visit our Children's Room to prepare for your own special class visit!

September 12, 7pm: Judith Dancer, the Clown, arrives at Bernal.

September 25, 10:30 am and September 26, 7 pm: Children's films.

Preschool Storytime every Tuesday at 10:30 am.
Family Evening every Wednesday at 7 pm.

Use your Bernal Heights Library! If we don't have a book, we can get it for you. If you need help with your homework we will try to help you find the answers. If you just want to meet other parents, kids, or neighbors, this is the place.

All services are free!!

Health Focus

Menopause

by Jeanette Conley, R.N.

Menopause occurs to women between the ages of 35-60. It is a transition period in which the menses stops. This is a time in which women go through changes on many levels—spiritually, psychologically, and physically. Half of all women will have symptoms that vary from one individual to another, according to their age, health, and environment. Physical symptoms might include hot flashes, irregular menstrual cycles, osteoporosis, vaginal dryness, increased bladder infections, pelvic congestion (PMS), and food sensitivities. During this period, women's risk of heart disease increases to a point that is equal to that of men.

For many women, these changes are a dramatic blow to their self-image. They feel a loss of control in their lives. Psychologically they sense a reorganization in their minds. Everything seems to be shifting, and women often experience emotional mood swings. Depression, triggered by hormonal changes, is common. Women can suddenly find themselves less able to deal with stress.

The body's production of the

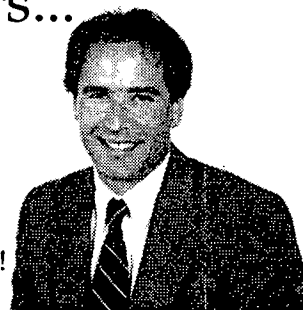
hormone estrogen decreases, and many physicians routinely prescribe estrogen replacements. Pharmaceutical estrogen is not the same as the hormone our bodies produce, and does cause side effects.

Properly selected herbs can stimulate the adrenal glands to produce more estrogen. Herbs that assist the adrenals are Dong Quai, Angelica, Chaste Berries, and Black Cohosh. Supportive herbs may include Alfalfa, Red Clover, Red Raspberry, Anise, and Licorice. Specific herbs can help women to cope with specific symptoms of menopause.

Many women have been able to stop estrogen therapy by using herbs. A qualified practitioner with knowledge of herbology can help a woman to experience little or no symptoms of menopause. Women who become more aware of their bodies can enjoy a healthy, full, and good life at this time.

Jeanette Conley is the owner of *The Emerald Edge* at 737 Cortland Avenue. Hours: Saturday and Sunday, 11 am-6 pm. Monday-Friday by appointment only. For more information, call 550-0449

Bernal Homeowners... thinking of selling?



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334-1880



Do you recognize these beautiful children? They were photographed by Sabrina Saunders for the Bernal Journal at a Mullen-Holladay Neighborhood Barbecue at the Community Garden located near the intersection of Costa and Brewster Streets—on August 30, 1978! When you see a youth on the street, remember that he or she started out like this, and will end up like you.

Youth Dance Ends in Violence

On Friday evening, July 27, at about 9:30 pm, a mob invaded a youth dance at the Bernal Heights Neighborhood Center. Some of the more than twenty attackers assaulted staff and security personnel at the entrance, while others smashed the glass in the front door. José Leon, Youth Employment Coordinator and sponsor of the dance, was struck in the head by a flying chair and had to be taken by paramedics to Mission Emergency Hospital, where he received six stitches. Several other people were beaten and injured, but, fortunately, none seriously.

Even though the police had been informed of the event well in advance, and had agreed to cruise the area every hour and be available in an emergency, they were agonizingly slow to respond to repeated calls for help. By the time they did arrive, the thugs had fled, leaving behind a group of terrified people, spilled blood, and

broken glass and furniture.

Eyewitnesses claimed that the assailants were an organized gang in full colors, and that the attack was pre-planned and deliberate. Although several people reported seeing guns, there is no evidence that any shots were fired.

The dance had progressed peacefully up to this point. Careful organization and in-house security methods had done a good job of keeping out most of the usual drunks and troublemakers. But there was no way to stop an invading army bent on violence.

Even during the worst moments, Mauricio Vela, José Leon, Jackiy Tinnin, and the other adult supervisors, behaved with great courage and sense of responsibility in the face of frightening odds.

Afterwards, Bernal Heights Community Foundation board members and staff, aided by several volunteers, assisted the youth in getting rides home, and then

stayed to clean up the mess. Although the injuries could have been much worse, and the property damage was relatively minor, there is no way to estimate the total harm done. The young people who requested and helped to put on this event, and the adults who planned and organized it, are, to say the least, discouraged at seeing their efforts destroyed. There will probably never be another evening youth dance at the Neighborhood Center.

What can Bernal Heights do about this? We can do what we do best, which is stick together, get organized, and communicate with one another. The *NBJ* strongly urges everyone to attend the Block Club Organizing Meeting on Wednesday, August 8, 7 pm, at our Neighborhood Center, 515 Cortland Avenue. Despite our feelings of disappointment, fear, and despair, we must unite to convey a sense of hope to the next generation.

Astro-Rap

by Jessica Murray

The word *planet* means *wanderer*. Planets differ from fixed stars in that they are always moving.

So when they stop in the sky (or appear to, from Earth's point of view) it is a big event. There are no less than four such stations, as they are called, this September. This makes it a potent month.

Mercury is stationary on August 25th in late Virgo, which will most strongly affect the communications of people who have a lot of Virgo or Gemini in their charts. Don't count on the phone or postal systems working smoothly until Mercury's next station on September 17th.

More significant is the direct station of Uranus on September



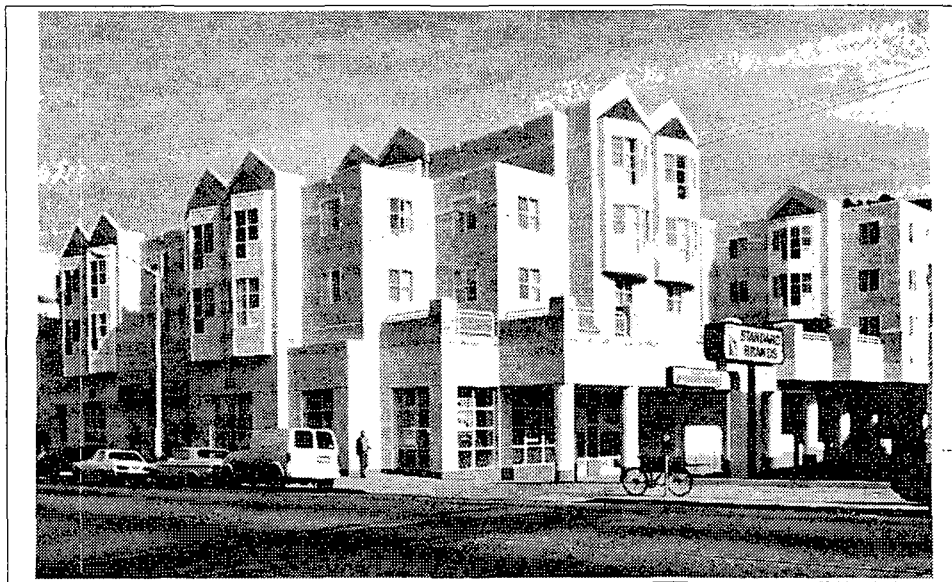
14th. Anything can happen on this day and during the several days on either side of it: Uranus governs sudden change. To see what areas of your life will be disrupted, check Uranus' house position in

your birth chart.

Saturn's station will be on September 22nd. Certain projects will come to a standstill, depending on your Saturn's natal placement.

Finally, Neptune goes direct on September 23rd. This is the planet of illusion. Keep your focus sharp and clear: Unreality and reality will change places on and around that day.

Stay grounded!



Coleridge Park Homes on Mission Street was recently singled out at the Pacific Coast Builders Conference for a Special Grand Award in the 1990 Gold Nugget Competition. The judges selected Coleridge Park Homes because of its unique solution to the problem of creating affordable housing in San Francisco. The 49-unit low-income housing project was developed by the Bernal Heights Community Foundation with assistance from BRIDGE Housing. It was designed by George Meirs & Associates, Architects, and Planners in San Francisco and built by Roberts Ohbayashi Corporation of Oakland. Coleridge Park Homes is located above the Standard Brands Paint Store. The project features the nation's first-ever "Air Rights Agreement" between a privately-held company and a non-profit housing group.

Bernal Hilltop Natural History: The Basics

by Barbara M. Pitschel

In past articles I have written about Bernal birds, and native wildflowers, about native and weedy grasses, about preservation and restoration of remnant natural areas, and about the Bernal Hilltop Native Grassland Restoration Project. All these articles, no matter how basic, have presupposed some interest and understanding on the part of the reader. This month I am going to try to explain what it is we are doing on the hill and why. We do, however, need to start with a basic assumption: that the natural world in all its diversity is worth saving, and that there is intrinsic value in preserving those bits and pieces of our historical heritage that remain. If you don't accept that premise, then we have very little basis for communication.

The main purpose of the Bernal Project is to try to control the spread of invasive weedy plants and to encourage the expansion of native plant populations back into areas where the weeds have taken over dominance of the vegetation. Why are the weeds there? Why can't the native plants fend for themselves? How did they manage before we were here to help them?

The "California floristic province" is located between the ocean and an expanse of deserts, which were formerly part of a great inland sea. As a result of this geographical isolation from competing plants, the California flora evolved much in the same way as an island flora might. The plants are highly specialized to thrive in their local habitats, but they might not have had occasion to develop ways of coping with outside threats, because there weren't any. In this regard, California's environment is similar to that of Hawaii, where the continued existence of most native birds and

plants is threatened and may have already become extinct. One of the characteristics of island floras, with their specialization, is a high rate of endemism—species restricted to fairly narrow habitats—which contributes to a high rate of species diversity.

Although much of the recent history of the California flora is true for many plant communities, I will restrict my remarks to the fate of the bunchgrass prairies, because they made up San Francisco's major plant community. San Francisco's location at the coast, but at the base of a lowland connecting with the central valley, made it a place where the two types of California grasslands, coastal prairie and valley grassland, met. This resulted in a varied and interesting mix of species.

The original Native American inhabitants coexisted with the land because their populations remained small enough for them to live a sustainable existence with the land and the sea. California's first contact with Europeans probably came when the first navigators landed along the coast in 1542. Overland trading occurred with Spanish colonization of the southwestern United States, which can be traced to 1598. Settlers brought new animals, cows, and sheep, with different grazing patterns from the native herbivores, which grazed high. The new animals close-cropped the prairie, treatment to which the grasses had never adapted. The introduced livestock were permitted to range freely, and many of them became feral (wild). In addition to the animal threat, a plant threat was also brought in. Annual grasses and other plants were introduced from Mediterranean Europe. Some of these plants came inadvertently in the holds of ships; others were brought intentionally as crop plants or animal feed. It is appar-

ent that these plants became established very early, because they were found in the binding straw used to make adobe bricks for the first mission in Alta California, San Diego. These introduced plants had evolved in the Mediterranean area with a climate very much like ours; but unlike the California flora, they evolved in a setting of overgrazing and heavy competition, so they developed mechanisms to survive in such an environment. Also, they were brought here (as many European and American species have been introduced into Australia and New Zealand) without any of the natural enemies (pests and diseases) that had coevolved to keep their populations in check.

So the situation we had here was a very varied palette of native plants forming a diverse community, being out-manuevered by a few "bullies" bent on establishing a monoculture, or, at best, a plant association of only three or four species. People who think that the strongest plants should be the winners should see a parallel to human societies—to how the white man treated the Native American, or to Hitler's manic dream of a super race.

In recent years, the threat to California's native flora has been compounded by the spread of agribusiness and the astronomical population increase in the state. Every available piece of land that has not been given protected status is being grabbed for lucrative development, particularly in land-poor areas such as San Francisco. Much of the natural remnant we have left is confined to hilltops and rocky outcroppings, previously deemed too expensive to develop. Fortunately for us, Bernal was accorded park status nearly twenty years ago; that battle has been fought and won.

Today Bernal Hilltop sup-

ports more than 130 plant species, approximately half of them natives. Ten native grass species still grow on the hill, many in healthy and vigorous stands. Bernal Project efforts are what is commonly called "stewardship". We are attempting to maintain conditions which will ensure not merely survival, but increased strength and health for this diverse native ecosystem. In theory, this can be achieved in three basic ways: control of the spread of weedy exotics, assistance with the spread of existing native plants, and reintroduction of species known to have existed on Bernal in the past.

The science of ecological restoration is quite new, and very little is known about long-term effects of landscape restoration attempts. In addition, different sets of conditions apply to the many variant types of landscape. Therefore, it is essential that great care be exercised not to interfere with the natural processes already at work, but rather to enhance their effectiveness. Because we are forced to learn the rules as we go along, we must move slowly and carefully, taking our lessons from how we see the plant communities responding to our efforts.

Naturally, the hill will never be populated entirely by native plants, totally free of introduced species. Weed eradication concentrates on controlling the dozen or so invasive species that pose threats to the native plant communities. In removing such threats, one first attacks individuals encroaching on healthy native plant areas, weed populations around the perimeter of the native populations, and potential windblown seed sources. Seasons and techniques are specific to the lifestyles of the species targeted, and minimal soil disturbance is the rule. Non-invasive species are left

to coexist with native populations.

Revegetation with native species is restricted to areas where there are few native plants and no healthy existing native communities. This prevents our limited knowledge from interfering with the natural species mix appropriate to the specific soil and exposure of the area, and it provides additional opportunity to learn from the responses and interactions of the plants within our test areas. All plants used are propagated from Bernal seed to ensure conservation of the unique local gene pool.

In a few cases we know of plants that used to grow on Bernal but are no longer present. The usual option is to try to reintroduce them into appropriate areas from the nearest similar local populations, although it would be ideal to find viable herbarium seed of Bernal plants.

You can probably see that information on the "why" is much more complete than the "how". Each time we work on the hill we learn something new about the dynamics of our remnant ecosystem. In cooperation with the rest of the restoration community, we hope gradually to piece together the picture of how best to restore and maintain native California grasslands.

Everyone is welcome to help learn by joining work parties, usually on the third Sunday of each month, at 11 am. Meet by the gate at the foot of the road to the phone company microwave tower on August 19 or September 23. Bring clippers if possible. (Please note that the September work party is on the fourth Sunday to free us all to attend the gala 50th Anniversary festivities at Strybing Arboretum & Botanical Gardens on September 16!) For more information on any of the above, please call me at 282-5066.

Anna Maria Alvarez, Dancer

by Kay Daly

Stamp of a foot, whirling storm of red and yellow skirts, and a flash of smile from a red-lipsticked mouth. Ana Maria Alvarez is dancing for us, the dance of a woman performed with the delight of a child.

Ana Maria Alvarez, 16, is one of thirty members of the dance troupe Los Matlachines (The Aztecs) and has been dancing with them for over a year. The group was founded 25 years ago by Mariano Tapia, a well-known Mission resident, who still leads it today. The dances they perform are exuberant, high-stepping ones with colorful costumes and names like "Jalisco", "Aztec", "Sina Loa", and "Vera Cruz" to reflect their regional folk dance background. The traditional costumes are handmade, and instead of taps, the shoes have nails driven into the heel to give a satisfying "crack" when stamped.

Los Matlachines began by dancing at weddings to the accompaniment of mariachi bands. Though today they dance to taped music, they still perform at weddings, baptisms, and private parties in a home or hotel, usually for a donation. The group does not normally appear all together at any one event; instead, two, four, or six members perform. Since group members are drawn from all over the Bay Area, practices are held three times a week in Hayward, Oakland, and South San Francisco. The youngest members of the group are eight years old, with the oldest being in their forties.

Ana Maria Alvarez started dancing with Los Matlachines because her brother, Martin Alvarez, was a part of the group. He had been dancing with them for five years, ever since he was 17. Though she had only studied tap dance previously, Ana Maria picked up the steps very quickly.

Ana Maria says she enjoys dancing in public and making

people happy with her dancing. More importantly, though, this is a way for her to share her Hispanic background. "It's all right to have black or white friends," she explains, "but show you're proud of your culture." At Presentation High School, where Ana Maria is a Junior, she also belongs to Las Latinas Unidas, a student group which promotes understanding of Hispanic culture.

In the most recent Cinco de Mayo parade, Ana Maria's love of dancing and pride in her Hispanic culture came together. She danced with her brother Martin in the parade "instead of going to the park at Potrero with my friends. I have other partners, but I'm more comfortable with my brother," Ana Maria says. They danced so well that their teacher, Mariano Tapia phoned them that night to say that the two of them had won a special prize, separate from the group, for their dancing.

Ana Maria's dancing requires the discipline of practice three evenings a week, as well as availability for performances. Ana Maria's mother, Diane Alvarez, says that her daughter rarely has time to watch television. But when you see her fold her voluminous skirts back over her arms, throw her head back and smile, you know that for Ana Maria Alvarez, the dance is everything.

Los Matlachines will be dancing down Mission Street to celebrate Mexican Independence Day on September 15. For more information about Los Matlachines, call 285-1909, or 282-7108.

Por: Kay Daly
Traducción: Stella Loaisiga

La impresión que deja una huella, una tormenta revoltosa de faldas rojas y amarillas junto con una flamante sonrisa de una boca al rojo vivo. Todo eso y mucho



Ana Maria Alvarez in her swirling red Jalisco costume.

más representa Ana Maria Alvarez bailando para nosotros, es la danza de una mujer realizada con la alegría y regocijo de un niño.

Ana Maria Alvarez, 16 años, es una de los treinta miembros que forman el grupo de danza Los Matlachines (Los Aztecas) y lleva más de un año bailando con ellos. El grupo fue fundado hace 25 años por Mariano Tapia, un residente de la Misión bien conocido, quien todavía dirige el grupo. Las danzas que ellos realizan son exuberantes, con trajes de vivos y llamativos colores y nombres como "Jalisco", "Azteca", "Sinaloa", y "Veracruz" que reflejan su danza folklórica de la región.

Las vestimentas tradicionales son hechas a mano en lugar de la zuela de metal, los zapatos tienen clavos que producen un sonido fabuloso cuando zapatean.

Los Matlachines comenzaron a bailar en las bodas acompañando a los mariachis. Actualmente, ellos bailan música grabada y realizan

sus presentaciones tanto en bodas, bautismos y fiestas privadas en hogares u hoteles, usualmente por una contribución. Normalmente el grupo se presenta con dos, cuatro, y hasta seis miembros, ya que se encuentran distribuidos en toda el Bay Area, las prácticas las realizan tres

veces a la semana en Hayward, Oakland, y South San Francisco. Los miembros más jóvenes del grupo tienen ocho años, y el mayor alrededor de cuarenta.

Ana Maria Alvarez comenzó a bailar con Los Matlachines ya que se hermano, Martin Alvarez, formaba parte del grupo. El ha estado bailando con ellos por cinco años, desde que tenía 17 años. A pesar que ella solo había estudiado danza tapatía, Ana Maria ha asimilado los pasos rápidamente.

Ana Maria dice que le gusta bailar en público y hacer feliz a la gente con su baile. Algo más importante aun para ella es el compartir sus conocimientos Hispánicos. "Está bien tener

amigos blancos y negros," dice ella, "pero al mismo tiempo demostrarles que estás orgulloso de tu cultura." En Presentation High School, donde Ana Maria estudia, ella también pertenece a Las Latinas Unidas, un grupo estudiantil que promueve el entendimiento de las cultura Hispánica.

En la más reciente Celebración del Cinco de Mayo, sobresalió el amor a la danza de Ana Maria y su cultura Hispánica. Ella bailó con su hermano Martin en el desfile "en vez de ir al parque en Potrero con mis amigos. Tengo otros compañeros, pero me siento mejor con mi hermano," dice Ana Maria. Ellos bailaron tan bien que su profesor, Mariano Tapia los llamó por teléfono esa noche para decirles que habían ganado un premio especial, aparte del grupo, por su danza.

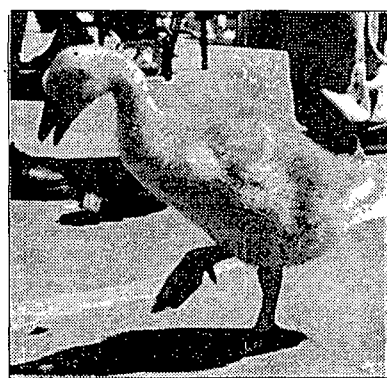
La danza de Ana Maria requiere la disciplina de la práctica tres tardes por semana, así como también disponibilidad para las presentaciones. La mamá de Ana Maria, Diane Alvarez, dice que su hija raras veces tiene tiempo para ver televisión, pero cuando usted mira la gracia con que mueve sus voluminosas faldas sobre sus brazos, la forma en que gira su cabeza hacia atrás y sonríe, es entonces cuando nos damos cuenta que para Ana Maria Alvarez, la danza lo es todo.

Los Matlachines estarán bailando en la Calle Mission para celebrar El Día de la Independencia de México el 15 de Septiembre. Para mayor información sobre Los Matlachines, llamar al telef. 285-1909, o 282-7810.

Life Is

by June Strohlin, age 14
Freshman, MacAteer High School

Life is a painted picture on the wall.
For as the picture hangs so will your wrongs.
Each painted stroke you paint is each decision you make.
The colors you choose reflect your views
and the frame you put it in is the place you put yourself into.
So when the painted picture is finished so will you.



Why a duck?



These young gardeners have been working hard to beautify the corner of Cortland and Andover. With a little help from the Bernal Heights Open Space Committee they are planting an olive tree and ivy. L. to R.: Trevor Bozina, Alfonso Rivera, Rosie Bañuelos, Roxanne Clark, Casey Harper, and Glenn Leung. They are students at the Trevor Martin Montessori School.

JUST BECAUSE IT'S LEGAL DOESN'T MEAN IT'S SAFE.

Did you know that alcohol and some medications can cause serious birth defects, even mental retardation?

Please read labels carefully, consult your doctor, and call your Association for Retarded Citizens for more information.



Grateful Dead and Grateful Kids

by Gail Corbitt

The REX Foundation has made a \$5,000 grant to the Mission Neighborhood Center Summer Day Camp Program. The money came from a special series of concerts by the Grateful Dead and Bill Graham.

This grant will help establish a program called "Imagination City: The Nature of San Francisco", designed and directed by

neighborhood favorite Wendy Zeigler. Pre-school children will enjoy such activities as field trips to explore nature in our urban environment, visits to various ethnic communities, and an art show. The program will conclude with a multi-cultural day of music and dance, which will be videotaped.

Thank you Grateful Dead and Bill Graham!



"Johnny Vallelunga and His Band" has been playing the hits from yesteryear for 11 years at the monthly Bernal Heights Senior Program's Birthday Party & Dance in the St. Kevin's Church Hall on Ellsworth Street.

August & September Activity Highlights for Seniors

- Sun.-Mon.**
8/19-8/20 **RENO TRIP!**
\$39.99 includes roundtrip bus, hotel, \$25 refund and more! Sign up now!
- Monday**
8/27 **Birthday Party & Dance 10 am - 2 pm**
Live music and good times in the St. Kevin's Hall on Ellsworth Street and Cortland Avenue.
- Friday**
9/7 **Shakespeare in the Park 1:30-3:30pm**
A Free performance of "Richard III" in Golden Gate Park. Sign up at the center.
- Monday**
9/24 **Birthday Party & Dance 10am - 2pm**
A birthday celebration for all seniors!
For a complete listing of Senior Activities, stop by the Bernal Senior Program at 515 Cortland Avenue or call 648-0330.

At the Movies...

Free Thursday Video Movie Presentations

Join us each Thursday Afternoon at 12:45 in the Diningroom, Bernal Heights Neighborhood Center, 515 Cortland Avenue.

- 8/2 "Ten Commandments" part 2 - Charlton Heston
8/9 "Blue Hawaii" - an Elvis Presley classic!
8/16 "Fiddler on the Roof" part 1 Musical
8/23 "Fiddler on the Roof" part 2 - featuring Topol
8/30 "Coal Miner's Daughter" - The Story of Loretta Lynn
- 9/6 "Miracle on 34th Street" - Starring Maureen O'Hara
9/13 "The King and I" - Musical starring Yul Brynner
9/20 "Treasure Island" - Adventure with Charlton Heston
9/27 "Bells are Ringing" - starring Dean Martin

Video presentation made possible through the generosity of
FOUR STAR VIDEOS - 402 CORTLAND AVENUE

"I'VE FALLEN AND I CAN'T GET UP!"

Scare Tactics and High Pressure Sales Pitches Towards Seniors

"Recently there have been quite a few television ads which offer consumers - particularly seniors - emergency response equipment which can be used to alert medical personnel in the event of accident or illnesses," District Attorney Arlo Smith stated. "We'd like consumers to take a good look at these advertisements before they purchase personal emergency response units for their homes."

Due to the rising number of complaints about companies offering these units, the District Attorney's Office is monitoring

and mediating complaints. These units provide a valuable service which help to notify doctors and police if a person is incapacitated in their homes. However, you don't need to pay thousands of dollars for equipment which you can rent on a monthly basis from your hospital or other community service agency for about \$20 a month. Carefully think about and consider any offers for these units.

"Consumer fraud is one type of crime we can all do something to prevent and some of these commercials are aimed at seniors

who feel more vulnerable and more in need of these medical alert units," the District Attorney stated. "The bottom line is don't let any advertiser scare you into buying something."

For more information, call:
**District Attorney's
Consumer Protection Unit
553-1814**

**Senior Information
& Referral Line 626-1033**

**S.F. Commission on the Aging
864-6051**

Safety Tips for Seniors

10 Ways to Increase Your Personal Safety in Bernal Heights

1. **On the Bus** - Stand near others who are waiting, in a lighted area. While on a nearly empty bus, sit near the driver's area and don't be afraid to tell the driver if someone acts suspicious.
2. **On the Street** - Be aware of people who approach asking directions or for the time; keep a polite, but safe distance when responding to them.
3. **Carrying Your Wallet** - Carry only small amounts of money. Keep your credit cards, driver's license and keys in separate locations to reduce the opportunity of large losses.
4. **Carrying Your Purse** - Don't wrap the strap around your neck, wrist or shoulder. If your purse is grabbed, a strong strap yanked from you can throw you off balance, causing possible concussions, broken hips, arms or legs. Use purses with secure zippers.
5. **In your Car** - Always check your car before getting in - make sure there is no one hiding inside. While inside, lock your door immediately and keep it locked while driving.
6. **On an Elevator** - Observe the inside of elevator before entering. Wait until the next elevator if you are uncertain of any occupant. Before leaving the elevator, observe the corridor for any suspicious activity.
7. **At Your Front Door** - Never open your front door without looking through your peephole or through a window before opening it. If the person is a stranger, ask for identification to be passed under the door or held up in view. If the person is unable to produce identification, do not let them in.
8. **At Your Apartment** - Never let a stranger into the building who is there to see another tenant or to deliver something. Refer them to the manager.
9. **Don't Be Afraid** to knock on a resident's door or go into a shop or restaurant if you feel you are being followed. Explain the situation to them and ask for assistance.
10. **Do Report Suspicious Activity** in your home or on your street to the police.

These safety tips were taken in part from a brochure produced by "SAFE" (Safety Awareness For Everyone). For more information call: 673-SAFE.

A BERNAL HEIGHTS SENIOR PROGRAM BENEFIT

FIESTA TROPICAL

FRI. 7-10pm
AUG. 24, '90

BBQ DINNER & DANCE

CENA Y BAILE

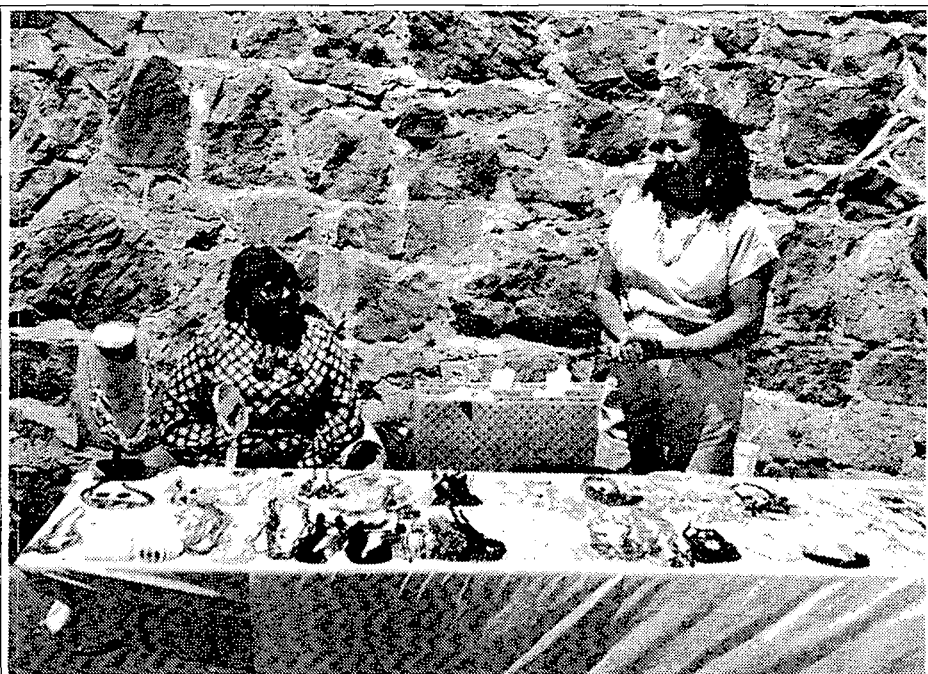
LIVE MUSIC BY
MUSICA LATINA
de BERNAL

MERENGUE • SALSA • CUMBIA
LAMBADA • BOLERO • BALADAS
PALO de MAYO

FOR TICKETS CALL: 648-0330
\$10/ADULTS \$6 /SENIOR CITIZENS/CHILDREN
PARA TICKETS LLAMAR AL: 648-0330
ADULTOS: \$10 MAYORES O NIÑOS: \$6

IN THE
BERNAL HEIGHTS NEIGHBORHOOD CENTER
515 CORTLAND AVENUE, SAN FRANCISCO

PART OF PROCEEDS TO BENEFIT THE JOSE LEON MEDICAL FUND.



At the Bernal Heights Arts Festival on June 30, Viola Horne helps Addie Everheart show some of her handcrafted jewelry. The Bernal Heights Senior Program sold bodacious barbecue and beautiful hand-crafted tote bags.

new Bernal Journal

CLASSIFIEDS

Classified Rates: \$3.00 for three lines, and 50 cents for each additional line. To place a classified ad, call 648-0330.

Accounting/Taxes: Easy-to-talk-to CPA will take care of all your financial needs. Accounting services, Investments, Incorporations, Partnership Agreements. We specialize in small businesses and individuals. Very reasonable rates. 1/2 hour FREE consultation. 10% discount when you mention this ad! Call 282-7955.

House or Flat Wanted by responsible professional couple. Looking for a light quiet place to live and work. Garden preferred. Call Jamie at 647-9660.

Window Repairs: Broken glass, ropes, and putty replaced. Weatherstrip doors, small carpentry and painting jobs. I am always on time. City Window Service. 337-9327.

Summer Tahoe Getaway! Beautiful Tahoe home in prestigious Incline Village, North Shore. Golf, tennis, boating, rafting, heated swimming pool and private beaches available. Large kitchen, 3 bedrooms, 2 baths, steam/sauna room, living room with fireplace, 2 decks, garage, all appliances and laundry. CALL FOR SPECIAL RATES. 282-7955.

The Travelling Mechanic: Tune-ups, brakes, general repairs, foreign and domestic. 15 years experience. All work guaranteed. House calls. \$40 per hour. Licensed and certified. Georgio. 864-5747.

Real Estate for Sale: 543 Holly Park Circle, house and rental in-law, \$279,900. Call the Bernal Heights Property Specialists, George & Sally Davis at Gedding & Burk, Inc., 771-8900 (o) or 398-6069 (h), if you want to sell, buy, or exchange property.

Moderne Graphics/Desktop Publishing: Newsletters, Brochures, Business Cards, Menus, T-Shirts, Stationery, Newspapers, Logos. Very reasonable rates. FREE consultation. 282-7955.

Wanted: Garage to rent near corner of Eugenia and Andover. Call (415) 824-8005.

Amir Window Washing Company: Free estimates, inside, outside, homes, shops, all glass. Neat and reliable. Call 826-8958. Ask for Amir.

Help Wanted

P.T. Typist/W.P., flex 16hr/wk, \$7/hr, call 550-0843.

continúa de página uno

Todo mundo desapareció. Armando pudo caminar la corta distancia hasta su casa y tocó el timbre. Su padre, José Armando Canizales, escuchó el disparo y corrió a la ventana para ver lo que pasaba. Antes que pudiera abrir la puerta, escuchó el timbre y corrió hacia abajo a la entrada. Cuando abrió la puerta, Armando dijo, "Papa, me han disparado," y se desmayó en los brazos de su padre. No volvió a recuperar la conciencia.

A pesar que un vecino llamó inmediatamente una ambulancia, y los médicos trabajaron toda la noche tratando de salvarlo, la herida era muy severa. La bala había destruido su aorta y la mayor parte de su estómago, desangrándolo hasta morir.

Hablando en el Northwest Bernal Block Club el 9 de Julio, el Inspector de Homicidios Earl Sanders explicó que la policía iba solicitar al District Attorney para garantizar arrestar uno de los sospechosos. Un oficial atendió una queja proveniente de la fiesta en mención, reconociendo a uno de los hombres y su cabecilla junto con mayor información sobre el caso.

Ninguna de las personas involucradas en este incidente, a excepción de la víctima, eran de Bernal Heights. Ellos habían simplemente asistido a la fiesta en el vecindario arriba de la colina. El mayor sospechoso resultó ser un ilegal procedente de Nicaragua, cuyos padres afirmaron que había escapado a ese país.

La policía está haciendo sus averiguaciones para confirmar si eso es cierto.

Nuestro vecino, Armando Canizales

Dolores Canizales describió su hijo llamándolo cariñosamente su "hermano menor" como una persona quieta, amable y reservado. El era la clase de hombre que no se avergonzaba de besar a su padre. Ella orgullosamente nos mostró su trofeo de Softball y el Premio por Servicio recientemente otorgado a él por la Oficina de Correos.

Sus padres están destrozados con estos sucesos. Irónicamente, José Armando recibió esa misma semana un premio de Desarrollo Económico por la Oficina del Mayor por su Espíritu Emprendedor. Dolores dice que ya nada le interesa porque nada le traerá de regreso a su hijo.

Armando era un pionero en el Programa de Juntas de la Comunidad. Le gustaba el campo, el baile, y todos los deportes. Estudió Tai Chi. Ayudó a construir el mini-parque Esmeralda, donde sus queridos hermanos no volverán a jugar.

El vecindario ha sentido mucho la muerte de Armando. Earl Chase, un vecino de la calle Winfield, conoce a la familia Canizales desde que Armando tenía dos años. El dijo que Armando era "todo un caballero de buena familia", la clase de hombre que con gusto le daba ride a los mayores que venían del Safeway hacia la colina.

Dolores tiene toda la razón

Dear neighbors: In an effort to maintain reasonable community standards, volunteers on the Neighborhood Graffiti Team are painting over graffiti on Cortland Avenue. All of our materials have been donated. If you know the exact color of your building, let us know and we will gladly use it. Otherwise, we will match it or complement it to the best of our abilities. Either way, we will paint a straight line across the building, use a drop cloth, and be neat. Let us know what you think of our work. For more information, call 648-0330.

Queridos vecinos: En un esfuerzo por mantener standards razonables en la comunidad, voluntarios del Grupo de Graffiti del Vecindario están pintando sobre el graffiti en Cortland Avenue. Todos nuestros materiales han sido donados. Si usted sabe el color exacto de su edificio, háganos saberlo y con mucho gusto lo usaremos. De otra forma, haremos todo lo posible por darle el mismo tono. Nosotros pintaremos una línea recta que cruce el edificio, usaremos una brocha suave y nítida. Agradeceremos nos haga saber qué le parece nuestro trabajo. Para mayor información, llame al 648-0330.

The Open Space Committee still has a few trees suitable for Bernal Heights streets to replace any that have been damaged or lost. These hardy, beautiful Melaleuca trees are drought-resistant and fast growing. Cost is only \$40, which includes the tree-planting, and supports the Stepwalk Parks program. For more information, call Lisa Steadman at 550-0529 or Linda Aurichio at 282-9856. Don't delay! Supplies are limited.

El Open Space Committee tiene todavía unos cuantos árboles disponibles para las calles en Bernal Heights y reemplazar cualquiera que se haya dañado o perdido. Estos duraderos y bellos árboles Melaleuca son resistentes y fáciles de crecer. El costo es solamente \$40, lo cual incluye la siembra del árbol y ayudar al

Stepwalk Parks program. Para mayor información, llamar a Lisa Steadman al 550-0529 o Linda Aurichio al 282-9856. Apúrese! Los suministros son limitados.

The Neighborhood Center Committee meetings have been changed to the first Tuesday of the month, beginning on August 7. For more information, call 648-0330.

La reuniones del Comité para el Vecindario han sido cambiadas al primer Martes del mes comenzando Agosto 7. Para mayor información, llamar al 648-0330.

Redwood Summer Video, designed to educate viewers about the threat to old-growth forests, the history of the timber industry, the Oakland bombing attack on Judi Bari and Darryl Cherney, FBI targeting of environmental activists, and more. Sliding scale fees. Contact Ecovideographe, P.O. Box 2215-R Market Street #464, SF CA 94114, or call 1-800-783-8888.

St. Kevin's Preschool has a limited number of spaces available for potty-trained children 3-5 years old. Parents' coop, sliding scale fee. Registration closes August 31. Pick up forms at 704 Cortland Avenue. For more information, call Sally Rosen at 648-5751.

El Pre-School de St. Kevin tiene unos cuantos números disponibles para niños de 3-5 años. Escala de pagos favorable. La matrícula se cierra el 31 de Agosto. Formas disponibles en 704 Cortland Avenue. Para mayor información, llamar a Sally Rosen al 648-5751.

March for National Health, Labor Day Sunday, September 2, 1990, 2 pm, from Justin Herman Plaza to U.N. Plaza. Quality health care is a human right. Volunteers and contributions needed. Call 771-4688.

Marcha para Salud Nacional, el Día del Trabajo, Domingo, September 2, 2 pm, de la Justin Herman Plaza a U.N. Plaza. La cali-

dad en el cuidado de la salud, es un derecho humano. Voluntarios y contribuciones se necesitan. Llamar al 771-4688.

The Family Planning Clinic at San Francisco General Hospital serves women and men throughout the Bay Area on a sliding scale low-cost basis. We need clients now! Services include gynecological care to healthy women, pre- and post-abortion counseling, contraception, tubal ligations, vasectomies, and abortions for those who need them. Translation services in Spanish and Chinese, with other languages available on request. Some evening and weekend appointments. Call 648-6300, Monday through Friday, between 9am and 5 pm. We also need volunteers! If you're interested in helping, call 821-3050.

La Clínica de Planeamiento Familiar en el San Francisco General Hospital sirve a mujeres y hombres a través del Bay Area en base a una escala favorable de bajo costo. Necesitamos clientes! Los servicios incluyen cuidado ginecológico para mujeres, charlas pre y post-aborto, anticonceptivos, ligación de tubos, vasectomías, y abortos para aquellos que lo necesiten. Servicios de traducción en Español y Chino, al igual que otros idiomas según se requiera. Algunas citas por las tardes y fin de semana. Llamar al 648-6300 de Lunes a Viernes, entre 9 am y 5 pm. También necesitamos voluntarios! Si Ud. está interesado en ayudar, llamar al 821-3050.

The Robert Louie Family Cancer Support Program is for children with cancer and their families. Meet other children who have cancer, their siblings, and parents. Share your thoughts and feelings and exchange information. The next meetings are scheduled for September 12 and 26, UCSF/ Laurel Heights, 3333 California Street, 6:30-8:15 pm. Free of charge and open to all. For more information call Better Health Programs at 775-5921.

de sentir disgusto por los asesinatos. "Toda esa gente, incluyendo a las muchachas, son responsables. Yo no estaré satisfecha hasta que hayan sido aprehendidos y puestos en prisión. Quiero que les den una lección, aunque no regrese mi hijo.

Bernal Heights responde

El 30 de Junio, los residentes del vecindario y comerciantes en Bernal Heights se reunieron con el Northwest Bernal Block Club para presentar una petición a las autoridades. Se describió el incremento sin precedentes en crimen y violencia en nuestro vecindario demandando que el Departamento de Policía y La Oficina del District Attorney tome cartas en el asunto. Ellos invitaron al Departamento de Policía para atender la reunión del NWBBC a Cafe Commons el 10 de Julio.

A esa reunión asistieron el Jefe de Policía Frank Jordan, Comandante Mike Brush, Ingleside Station Captain Diarmuid Philpott, Inspectores de Homicidios Hendricks y Sanders, El Director del Mayor's Criminal Justice Council Jim Buick, Control de Bebidas Alcohólicas Oficial Mike Terrell, y un buen número de vecinos.

Dolores Canizales habló sobre su hermano y mostró algunas fotografías de la familia. El Facilitador Charles Bolton presentó una versión actualizada de la petición, la cual consta de varios pasos a seguir para aliviar los problemas. La lista incluía: un rápido arresto y persecución de los asesinos de Armando Canizales; un carro patrulla de la policía para vigilar los lugares calientes bien conocidos en el vecindario

entre las horas de las 4 pm y las 2 am; una patrulla del SFPD para disuadir las fiestas con licor en la parte alta de la colina; control estricto en la venta de licor a menores y cooperación entre la comunidad y la policía para reducir el crimen en Bernal Heights.

La policía estuvo de acuerdo en todo. La Estación Ingleside pronto conseguirá siete oficiales nuevos. El Inspector Sanders, tal como se mencionó anteriormente, reportó progreso en el caso, así como también otro caso de asesinato en el Parque St. Mary. El Jefe Jordan aplaudió los esfuerzos de los vecinos para trabajar con la policía para resolver sus problemas. El Comandante Brush espera ampliar el programa popular COP, en donde los oficiales son bien conocidos y están bien involucrados.

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The Death of Armando Canizales

Everyone fled. Armando managed to walk the short distance to his house and ring the doorbell. His father, Armando Canizales, Sr., heard the shot and ran to the window to see what had happened. Before he could open it, he heard the doorbell, and raced downstairs to the entrance. When he opened the door, Armando said "Dad, I've been shot", and collapsed in his father's arms. He never regained consciousness.

Although an alert neighbor immediately called an ambulance, and surgeons labored through the night to try to save him, the wound was too severe. The bullet had destroyed his aorta and most of his stomach, causing him to bleed to death.

Speaking at the Northwest Bernal Block Club on July 9, Homicide Inspector Earl Sanders explained that the police were about to ask the District Attorney for a warrant to arrest one of the suspects. A patrol officer, responding to a complaint about the drunken party, had recognized one of the men, and this lead, along with other information, broke the case.

None of the people involved in this incident, except the victim, were from Bernal Heights. They had merely come to this neighborhood to party on top of the hill. The prime suspect turned out to be an illegal alien from Nicaragua. His parents are claiming that he escaped to that country. The police are trying to determine if this is true, or just a ploy to complicate the investigation.

Remembering Armando

Dolores Canizales described her "baby" brother as a very quiet, gentle, reserved person. He was the kind of man who was not ashamed to kiss his father. She proudly showed us his many softball trophies, and the Service Award recently presented to him by the Post Office.

Armando was a pioneer in the Community Boards Program. He loved camping, dancing, and

all sports. He studied Tai Chi. He helped build the Esmeralda mini-park, where his own beloved step-brother and sister, Carlos Paz, age 12, and Karla Paz, age 10, won't play anymore.

His parents have been shattered by these events. Ironically, Armando, Sr. received the Mayor's Office of Economic Development Award for Entrepreneurial Spirit that same week. Dolores says that he doesn't care about anything anymore, because nothing can bring back his son.

The neighborhood has been devastated by Armando's death. Earl Chase, a Winfield Street neighbor, has known the Canizales family since they first moved in when Armando was two years old. He said that Armando was "a real likeable gentleman from a fine family," the kind of man who would give elderly people a ride up the hill from Safeway.

Dolores is understandably angry at his murderers. "All those people, including the girls, are responsible. I won't be satisfied until they're apprehended and face life in jail. I want an example made of them. Even then it's not going to bring Armando back."

Bernal Heights responds

On June 30, the Bernal Heights Community Foundation, concerned neighborhood residents, and merchants joined with the Northwest Bernal Block Club to submit a petition to city officials. It described the unprecedented increase in crime and violence in our neighborhood, and demanded that the Police Department and the District Attorney's Office take action. They invited the Police Department to attend the Northwest Bernal Block Club meeting on July 10.

That meeting was attended

by Chief of Police Frank Jordan, Commander Mike Brush, Ingle-side Station Captain Diarmuid Philpott, Homicide Inspectors Hendricks and Sanders, the Director of the Mayor's Criminal Justice Council Jim Buick, Alcoholic Beverage Control Officer Mike Terrell, and a packed house of neighbors.

Dolores Canizales talked about her brother, and passed around some family photographs. Facilitator Charles Bolton presented an updated version of the petition, which listed a number of steps necessary to alleviate the problems. The list included quick arrest and prosecution of Armando Canizales' murderers; a police patrol car to keep an eye on well-known neighborhood "hot spots" between the hours of 4 pm and 2 am; an SFPD dirt bike patrol to discourage drunken parties on top of the hill; stiffer control of establishments selling liquor to minors; and cooperation between the community and the police to reduce crime in Bernal Heights.

The police essentially agreed to everything. Ingleside Station will soon get seven new officers. Inspector Sanders, as mentioned above, was able to report progress

whereby beat officers become well-known to and involved with the community they serve. Jim Buick described the Streetwork Program, designed to reach youth from the ages of 11-14 and provide them with an alternative to gang activities. He plans to extend the program to Bernal Heights. Mike Terrell promised an increase in sting operations to discourage alcohol sales to minors, and asked neighbors to report any suspicious activities.

Some neighbors expressed serious concerns. Kath Christie from the Fair Avenue Block Club and Susan Rutger, a former public defender and ten-year Coleridge Street resident, both warned of increased police harassment of innocent neighborhood youth hanging out on their own block. Earl Chase recommended that we make the effort to get to know the young people on our street so that we don't feel so isolated from and afraid of them. In this way, we'll be better able and more willing to support them in a crisis.

A show of hands revealed that nearly everyone present had experienced some sort of crime during the past six months, some

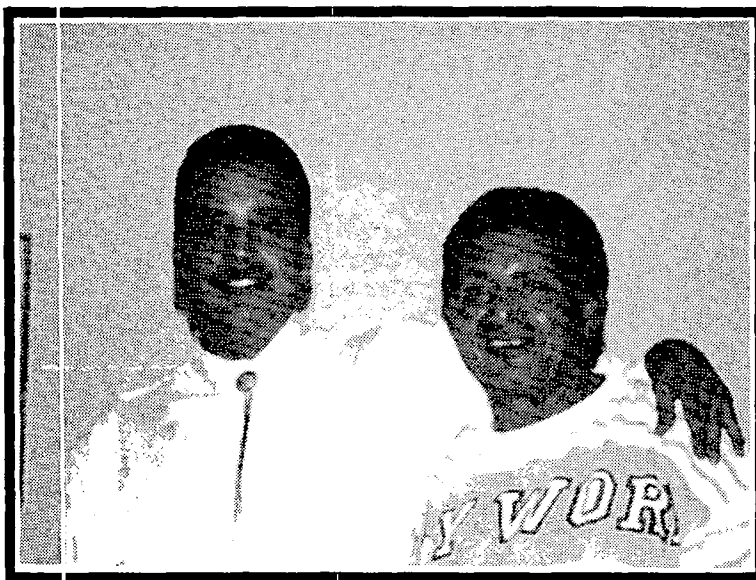
asking for a police officer to come out.

The larger issues

Armando Canizales was murdered for no reason at all by a drunk man armed with a handgun. During a two week period there were two other murders, one in St. Mary's Park and another in the Alemany Projects. We are all diminished by these deaths, and disturbed by the implications. The vast majority of violent crimes and highway deaths can be attributed to alcohol abuse. What can we do to stop people from drinking? We tried Prohibition in this country, and are still paying the price for it. Drinking alcohol is not only legal, but socially acceptable, and peer pressure, even among so-called responsible adults, can be enormous. Those of us who seldom or never drink alcohol often feel obligated to at least order and carry around a beverage that looks like an alcoholic drink, so that we can "fit in".

Add weapons to the mixture and we've got trouble. Will handgun control stop the problem, or merely create a hugely profitable illegal gun trade like the bootlegging business? Dolores Canizales has vowed to work very hard for handgun control in this country for Armando's sake. She has always been against handguns, or any kind of violence for that matter. "There's children dying every day because their parents have guns that they're playing with. There's got to be an end to this vicious cycle, or there won't be any safe place to live."

And what about the mindless macho argument at the top of the Esmeralda stairs? Armando Canizales talked to some women for a few minutes, and paid for it with his life because some drunken fool with a gun felt that his masculinity was challenged. The sad fact is that, unless we can convince people to stop using handguns, unless we can stop making alcohol consumption the focus of all social activities, and unless men learn to think with their brains instead of their gonads, there will be many more unnecessary tragic deaths.



Armando Canizales with his father, Armando Canizales, Sr.

on the case, as well as another murder case in St. Mary's Park. Chief Jordan applauded the neighborhood's efforts to work with the police to solve our problems. Commander Brush hoped to expand the popular C-POP program,

Commander Brush responded that reporting statistics are used to decide levels of service. He suggested that, for these types of nuisance crimes, people request a mail-in form to ensure that the crime is documented, in lieu of

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lucrados con la comunidad donde prestan sus servicios. Jim Buick describió el Programa de Trabajo en las Calles dedicado a los jóvenes entre 11-14 años e inculcares otras actividades. El piensa ampliar el program a Bernal Heights. Mike Terrell prometió un incremento en las operaciones con miras a disuadir la venta de alcohol a menores y solicitó a los vecinos informar cualquier actividad sospechosa.

Algunos vecinos expresaron serios problemas. Kath Christie del Fair Avenue Block Club y Susan Rutger, un defensor oficial público con diez años de residir en Coleridge Street, ambos advirtieron del incremento que la policía hace con jóvenes inocentes que se pasean en su misma cuadra donde viven. Earl Chase recomendó que hagamos el esfuerzo por conocer a los jóvenes de nuestras cuadra de manera que no nos aislemos ni tengamos temor de ellos. De esta forma estaremos en mejor disposición de apoyar-

los en una crisis.

Varias manos arriba revelaron que cada uno de los presentes había experimentado alguna clase de crimen durante los últimos seis meses, muchos de ellos más de una vez. La gente estaba frustrad por esto, a menudo ni siquiera se molestaban en llamar a la policía por crímenes tales como destrucción de vidrios en los carros o vandalismo. El Comandante Brush informó que los informes estadísticos son usados para decidir los niveles de servicio. El sugirió que para estos tipos de crímenes, la gente solicite una forma por correo para asegurar que el crimen este documentado, en lugar de llamar a un oficial de policía para que se haga presente. Los acontecimientos mas relevantes

Armando Canizales fue asesinado sin ninguna razón por un hombre tomado de licor amado con una pistola. Durante un período de dos semanas, hubieron otros dos asesinatos, uno en el

Parque St. Mary y otro en el Proyecto Alemany. Nosotros estamos molestos y nos sentimos muy mal por estas muertes y sus implicaciones. La gran mayoría de crímenes violentos y muertes en la carreteras pueden ser atribuidos al abuso de alcohol. Que podamos hacer para que la gente deje de tomar licor? Tratamos Prohibirlo en este país, y aun estamos pagando por ello. El tomar alcohol no solo es legal sino que socialmente aceptable y aún la presion entre llamados adultos responsables, puede ser mucho mayor. Aquellos que raras veces o nunca tomamos alcohol a menudo nos sentimos obligados ordenar por lo menos una bebida que se asemeje al alcohol.

Por añadidura tenemos mezcla de armas agregadas al problema. ¿Acaso el control sobre las armas resolverá el problema o solamente creará un vasto comercio ilegal de armas? Dolores Canizales ha prometido trabajar muy duro para el control de armas

en este país en nombre de Armando. Ella ha estado siempre en contra de las armas de mano o cualquier clase de violencia. "Cada día hay niños muertos debido a que sus padres tienen armas con las que ellos juegan. Tenemos que poner punto final a este ciclo vicioso, o no tendremos lugar seguro para vivir."

¿Y que hay acerca del argumento sobre el hombre "macho" en la parte arriba de Esmeralda? Armando Canizales le habló a unas mujeres por unos cuantos minutos y pagó por eso con su vida todo por un tonto armado impulsado por su machismo. La parte triste es que al menos podamos convencer a la gente para que no usen armas de mano, o que podamos evitar el consumo del alcohol, el foco principal de toda actividad social, y mientras los hombres aprendan a pensar verdaderamente con sus cerebros en vez sus cojones, será cuando dejarán de haber muertes trágicas innecesarias.

Rosh Hashanah

The Jewish New Year

September 20

L'shana tova tika tevu

May you be inscribed in the Book of Life for a good year.

The Bernal Heights Arts Festival: June 30, 1990

The Second Annual Bernal Heights Arts Festival last June 29-30 was a perfect blend of Nature, Art, and Community. For twenty-four hours, the weather was unseasonably gorgeous, full of cheery sunshine and gentle soothing breezes. With this boost from the Elements, the Festival was a joy from start to finish.

A small but enthusiastic crowd attended the Opening Reception Friday night. Many people elected to make generous donations without showing up in person. It was their loss. The night was filled with glittering performances, headlined by a hilarious set from popular stand-up comic and Bernal neighbor Tom Ammiano, and featuring jazz by the Larry Halpern Trio and a Bernal Heights soap opera performed by Humo-Rising. Salsa a la 24th, a band organized by the Bernal Heights Community Foundation's own Youth Employment Coordinator José Leon, capped the evening off with an exciting program of classic Latin dance rhythms.

On Saturday the Bernal Playground was filled with neighbors, many of whom dropped by "just for a few minutes", and ended up staying all day. The artists were able to display and sell some of their works in a relaxed atmosphere, as calm prevailed throughout the Festival. Exhibitors in-

cluded paintings by Pauline Crowther Scott, Lauren S. Flicker, Lenor Bingham, Stephanie Castro & Jolynn Vallejo, Thomas Schuster, and Vicki Victoria; jewelry crafted by Notty Bumbo, Bascia "Rose" Smith, Kimberly Holmes, Deborah Rodriguez, Constance Cleghorn, and Addie Everheart; and dolls by Valerie Collins.

Information booths were staffed by the Shanti Project, Little People's Workshop, the Bernal Heights Democratic Club, PG&E, and the Bernal Heights Senior Program. Younger children were encouraged to make a little Art themselves at a table operated by the SF Rec & Park Department, or meet some exotic animals brought by the Randall Museum, or maybe even adopt a cat or kitten from the SPCA.

An array of talented performers entertained the crowd. The list included Chester D., Los Flamencos del Rio, Nobody's Business, Ann Channin, Rudy Chalard & the Shameless, the Michael Gold Quartet, the Heights (back for their second smash year!), the Loli-La Art Warriors of Aloha, Nerio De Gracia Latin Jazz Band (also held over from last year), Brainchild, Harvey (Nebraska Street hard rockers), Bandido, and the St. Elizabeth's Hawaiian Dance Ensemble. All of the performers

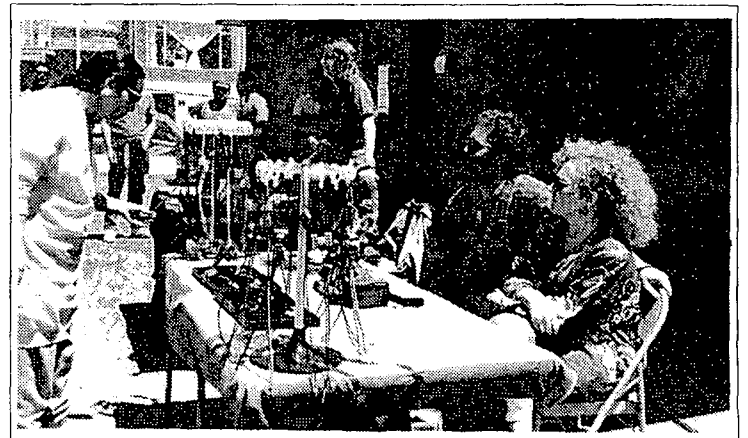
were gracious about several technical and organizational glitches. They generously shared precious space, equipment, and stage time.

The Arts Festival, produced by the Bernal Heights Community Foundation, could not have happened without the devoted efforts of many neighbors, businesses, and organizations. Benefactors such as Lithgow & Rayhill, Inc., Clay Art, and Helen Helfer; Sponsors Barbara Bagot, Gerald Whitehead, A. Love, Inc., PG&E, and the Bernal Heights Democratic Club; and Special Friends Jane Wattenberg, Charles Bolton, Terence Ireland, Mr. and Mrs. Mel Annuzzi, Safeway Stores, Inc., Marvin Gardens Florist, and Gallo Sales all gave substantial contributions to make the Festival possible.

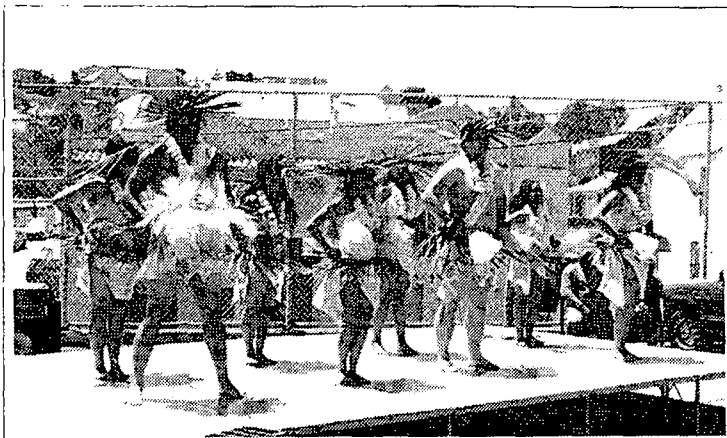
The broad-based support for this year's Arts Festival is particularly significant, coming as it does in a political climate of censorship and repression. It sets a good example for our children, who, hopefully, will be encouraged to paint, draw, sing, dance, sculpt, write, or create in whatever manner suits them. Maybe we'll see some results at next year's Third Annual Bernal Heights Arts Festival. See you there!



Moki Engler, teacher and performer with the Loli-La Warriors of Aloha, learns a new step from Vicki Victoria.



Artists displayed their works for the neighborhood.



The Loli-La Art Warriors of Aloha dazzled the crowd with their elaborate costumes and spirited dancing.



The Nerio De Gracia Latin Jazz Band encounters a budding music critic.



Children enjoyed making colorful sun visors at the Rec and Park Arts and Crafts Table.



These folks would gladly sell you the shirt off their backs. L. to R.: Rev. Harold Franklin, Jeffrey Bachman, Terrence Ireland, and Emma Houweling.

BHCF Executive Director
Helen Helfer

Arts Festival Coordinators
Vicki Victoria, Mauricio Vela

BHCF Staff
Mike Noon, Mary Foy,
Jeffrey Bachman, Stella Loaisiga,
José Leon, Jackie Tinnin, Arthur B. Kalson

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